

NARFE

Since
1921

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National Association of Active and Retired Federal Employees
Virginia Federation of Chapters
Chapter 595
Serving Colonial Beach, Westmoreland, and King George

Volume 29 Issue 8

October 2024

President's Letter: Dear Members of Colonial Beach Chapter 595,

As write to you, the deadline for our National NARFE election is rapidly approaching. Votes must be in by midnight September 30, 2024 I hope you had the chance to vote either online or by postcard. We should have election results prior to our October meeting which is Tuesday, October 8, 2024. So we will again have the October meeting at Wilkerson's Seafood Restaurant in Colonial Beach. Our meeting site committee has met and is considering a number of possibilities for a new meeting site. We will report our progress at the next meeting. Do you have an idea? Just let us know.

In the meantime, ATTENTION, ATTENTION, ATTENTION: Our next meeting, Tuesday October 8, 2024 will be held at Ledo Pizza and Pasta, 700 McKinney Blvd, Colonial Beach. As usual we will start at noon.

The email I get from My Federal Retirement says the 2025 FEHB Premium Rate Charts are now available. It looks like Federal Employees Health benefits premiums will increase on average by 13.5%. I know that sounds like a lot but you need to consider what your friends and neighbors who are not retired federal employees must pay for health insurance. There will be a COLA and it looks like it will be around 2.5%. This increase hopefully will offset the FEHB rate increase. More to follow.

Now that October is almost here and fall is in the air. It is time to focus on plans for our Harvest Supper which will be held at the Moose Lodge in Colonial Beach on Saturday, November 2, 2024 starting at 5:00 p.m. The planning committee will be meeting soon, but here are the plans so far. We will have a 50/50 drawing, a silent auction, and door prizes. We still need to decide if we want to hire a DJ. We expect the supper menu to include the usual items: meat-loaf, hearty soups, chili, corn bread, and assorted desserts. Maybe you have something new to bring. Just let us know. Soft drinks will be provided and it is also BOYB. So, what will you bring? Tickets will be \$20.00 in advance and \$25.00 at the door.

As you know, November is Alzheimer's month and that is why we hold this important fundraising event in November. We will have tickets for sale at our October meeting. Please ask all your friends if they want to share in this important event to help raise funds for Alzheimer's. When you come to our next meeting on October 8, be prepared to buy your tickets and tell us what you will bring to add to the menu. Can't make the meeting? No Problem! Just call me (804 224-3069) or Dot Almassy (804 224-7876) for tickets and to sign up for menu items. What if you just want to donate to Alzheimer's? That is easy too. You can send your check made out to Alzheimer's to Stan Palen, 8283 Oak Wood Drive, King George, VA 22485 and he will take it from there.

MEETING NOTICE

October 8, 2024

12 PM at Ledo's

Our speaker this time is Bennie Wall. He is an estate planner with Carrell Blanton and Ferris

As you continue to read this newsletter, you will see that our Vice President, Jim Lynch has lined up another interesting speaker and provided the bio information. It looks like we will have another exciting meeting and I hope to see you there at Ledo's on Tuesday, October 8, 2024 at noon.

Leslie Ravenell, President, Colonial Beach Chapter 595

P.S. Don't forget donations for the food bank!! This month's donations go to King George Dept of Social Services

VP Note.

Our speaker this month is Mr. Bennie Wall with the firm of Blanton Ferris in Fredericksburg.

Bennie A. Wall joined Carrell Blanton and Ferris in 2017 and focuses his practice on estate administration and estate planning. He enjoys helping clients view estate planning as not just "documents" but as a plan crafted to efficiently pass down their wealth as well as their values, their wisdom, and their love. Bennie received his undergraduate degrees from Christopher Newport University and graduated with his J.D. from the University of Richmond School of Law where he was also the recipient of the CALI Excellence for Future Award in Estate Planning. Bennie and his wife, Katie, live in Downton Fredericksburg with their dog, Minerva.

Jim Lynch

The following id fromFEDweek Weekly Round: Sept 28, 2024

[Enrollee Share of FEHB Premiums to Jump 13.5 Percent on Average for 2025](#)

The enrollee share of FEHB premiums for non-postal federal employees and retirees will rise 13.5 percent on average for 2025, OPM has said, while the increase for Postal Service employees and retirees in the new Postal Service Health Benefits program will be 11.1 percent for plans mirroring those in which they are currently enrolled in the FEHB. [Continues](#)

[Bill to Repeal GPO, WEP Hits Support Goal, but No Vote Expected for Months](#)

A legislative maneuver designed to compel a House vote on a bill (HR-82) to repeal the government pension offset and windfall elimination provision has attracted the needed number of backers but time has all but run out for holding a vote before mid-November at the earliest. [Continues](#) >

Follow our chapter on FaceBook at www.facebook.com/narfebkq

NARFE Chapter 595
8283 Oak Wood Dr
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Meeting Date
October 8
At Ledos Restaurant

Address Correction Requested

We are on the Web
<https://www.vanarfe.org/Chapter-595>