

## *Fredericksburg Chapter 90, Newsletter January 2024*

I hope all of you & your families had wonderful & safe holidays. Now as we start a new year, let's make it better than last year. Below is some information for you to take note of for the next couple of months. As a reminder this information is subject to change.

Please remember, in case of inclement weather, when the schools are closed, we will not meet.

Be sure to take a copy of the list of 2024 officers, chairs & volunteer positions are available at the sign in table.

### *Scheduled Chapter Meetings*

#### February 21, 2024

\*Stephanie A. Courtney, Sales & Marketing Director from Spring Arbor Living-will share the concept of Assisted Living & how the facility operates.

#### March 20, 2024

\*Adam Flock, Fredericksburg Nationals Manager of Entertainment & Community Relations-will share what is available to enjoy the Fredericksburg Minor League Baseball experience; weekly themes; see the future baseball stars of tomorrow, ticket seating, food & beverages to make your experience fun & much more.

### *2024 Dates Upcoming Chapter Meetings*

*April No meeting*

*May 15 - Possible AARP Drivers Program*

*June No Meeting*

*July No meeting*

*August 21 - Sumer Event*

*Sept 18 - Possible Sheriff Personal Protection*

*/SWAT Team*

*Oct 16 - Blue Cross Blue Shield*  
*Nov 20 - Commonwealth Attorney*  
*Dec 4 - Holiday Event*

*We need you*

We need members to step up & help in various positions. If you are interested in volunteering, but cannot fill the position for an entire year, we can certainly work something out. The positions are – Greeter, Alzheimer Chair, Public Relations & Newsletter Editor. We also need members to volunteer with seeking speakers & assist with our events.

Sign up to bring a snack or two for the breaks at our meetings. Sign up sheets are at the greeter table.

*2024 Virginia Federation of Chapters (VFN) Conference*

The 2024 VFN Conference, April 7 -10, 2024, Hotel Madison in Harrisonburg, Virginia. Rooms are \$107.00 per night plus taxes, etc. Conference & hotel registration will be published soon. Watch for E-mail announcements & additional information can be found at [www.vanarfe.org](http://www.vanarfe.org). Mark your calendar for this exciting conference. A suggestion is that maybe you can arrange to carpool with some of our members. Harrisonburg is a great place to visit, so you might want to take an extra day or two to tour it.

Visit our website: [www.vanarfe.org/chapter\\_90](http://www.vanarfe.org/chapter_90)