National Active and Retired Federal Employees Association Virginia Federation of Chapters (VFC)



2010 ANNUAL REPORT

(May 2009 - April 2010)

Serving Current, Former and Retired Federal Civilians, Spouses and Survivor Annuitants in Virginia Chapters

Area I

Peninsula 682 Colonial Williamsburg 685 Middle Peninsula 1757 Northern Neck 1823

Area II

Metro 5 Tidewater 66 Virginia Beach 974 Eastern Shore 1175 Seaside 1827

Area III

Petersburg 28 Richmond 60 South of the James 1138 Colonial Heights 1472 Imperial Plaza 1510 Tuckahoe 1727 Midlothian 2265

Area IV

Portsmouth 63 Churchland 1293 Chesapeake 1682 Brentwood 1697 Suffolk 1743

<u>Area V</u>

Lynchburg 110 Danville 1011 Bedford 1068 Martinsville/Henry 1882 Southside 2079 Piedmont 2080

Area VI

Roanoke Valley 111 New River Valley 1134 Wilderness Trail 1837 Southwest Highlands 2330

Area VII

Charlottesville 135 Harrisonburg 164 Staunton-Waynesboro 178 Winchester 180 Page Valley 1793 Sheamdoah County 2358

Area VIII

Fredericksburg 90 Colonial Beach 595 Warrenton/Fauquier 1549 Lake of the Woods 1885 Louisa 2065 Caroline 2112

Area IX

Alexandria 232 Manassas 356 Falls Church 401 Springfield 893 Annandale 1159 Woodbridge 1270

Falls Run 2343

<u>Area X</u>

Arlington 7 McLean 489 Fairfax 737 Vienna 1116 Loudoun 1133 Dulles 1241 Metro Northern VA 1665

NARFE -BUILDING A STRONG ALLIANCE THROUGH MEMBERSHIP

TEN THINGS THE VIRGINIA FEDERATION OF CHAPTERS (VFC)

DOES FOR YOU

- REPRESENTS federal retirees/employees within the state. The VFC/NARFE is the only
 organization lobbying for our earned rights/retiree benefits at the state level. Bear in mind
 that no U.S. Congress or Virginia General Assembly can be relied upon to treat us fairly
 or with concern...the VFC has to take the initiative.
- 2. PROVIDES a unified voice in Richmond when dealing with the Governor and the General Assembly and educates state legislators and local officials about concerns of federal retirees/employees. It helps state legislators refine proposed bills affecting us all.
- 3. PROMOTES the objectives of NARFE throughout Virginia. The VFC is the logical organization to set specific and attainable goals for the chapters to support within the state, in accomplishing the objectives of National Headquarters. The VFC speaks for all Virginia members on National NARFE policy issues.
- 4. FACILITATES effective group action to accomplish common objectives. By establishing a viable political base at the grassroots level, it channels member efforts so as to avoid personal agendas, narrow political viewpoints and pet peeves.
- TRAINS local NARFE chapter officers, committee chairs and area coordinators in order to provide top quality leadership skills for the furtherance of common goals.
- COMMUNICATES with members and the public-at-large about issues of concern to federal retirees/employees. The VFC provides a larger voice than that of any single chapter.
- 7. MAINTAINS a state political account (VFC State Political Account) to support political candidates who share the VFC's legislative goals.
- 8. MOBILIZES volunteer resources existing in chapters in ongoing support of causes vital to NARFE members. Advocates NARFE's national legislative agenda and the VFC's state legislative agenda.
- ADVISES chapters on effective ways of carrying out various functions such as membership, services, and public relations benefiting federal retirees/employees. The VFC has the unique capability through its area vice presidents to monitor chapter activities and provide assistance when needed.
- 10. SERVES as a vehicle for the exchange of ideas among members about programs/actions of benefit to federal retirees/employees through the VFC annual convention, the VANARFE VFC official email network, the VFC web site, <u>www.vanarfe.org</u>, and "VFC Notes" (the VFC newsletter).

VFC SERVES 57 LOCAL CHAPTERS
Representing some 20,000 NARFE Members in Virginia

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NARFE - BUILDING A STRONG ALLIANCE THROUGH MEMBERSHIP

William F. {Bill} Martin, President

My thanks go to all the individuals, chapters and Area's that worked so hard to maintain the membership numbers in 2009. While we did not meet our 5% increase, we did end 2009 with 120 more members than we had at the start of the year. Five of the ten areas ended the year with more members than they had at the start of the year and twenty-five chapters did the same. Of the 25, the top chapters' percentage wise were Falls Run 2343 up 17.9%, Loudoun 1133 up 11.6%, Bedford 1068 up 8.7%, Martinsville-Henry up 8.1%, Woodbridge 1270 up 8.0%, Carolina 2112 up 6.5%, and Shenandoah 2358 that started the year with 11 members and ended it with 62 members. The other chapters ending the year with positive numbers were Colonial Williamsburg 685, Northern Neck 1823, Metro 5, Eastern Shore 1175, Petersburg 28, Tuckahoe 1727, Midlothian 2265, Suffolk 1743, Lynchburg 110, Danville 1011, SW Highlands 2330, Charlottesville 135, Alexandria 232, McLean 489, Fairfax 737, and Vienna 1116. Four chapters ended the year with the same number of members as they had at the start of the year — Brentwood 1697, Southside 2079, Piedmont 2080, and Lake of the woods 1885. Dennis Martin is the Program Chair for Membership.

The VFC was also very successful in raising money for Alzheimer's Research. The goal was \$65,000 and we realized \$71,000 from the wonderful things chapters do to raise funds. In addition, an individual from the McLean Chapter 489 left \$149 thousand in his will for Alzheimer's. The year 2009 was indeed a banner year for Alzheimer's Research with the VFC adding almost \$221 thousand to the cause. Shirley Keyes is the Program Chair for Alzheimer's.

In the Public Relations area, the VFC has initiated an effort to have a special Virginia license plate approved that will identify NARFE. While a little slow getting started, we expect to have over 350 reservations for the new plate by the fall of 2010. This special license plate is one effort we are doing to help make NARFE a household word. Pat Taylor is the Program Chair for Public Relations.

Another new effort initiated this year was weekly updates by Bill Schmidt, State Legislation Program Chair, on the Virginia General Assembly during their deliberations. The reports were sent to VFC members having email addresses listed on the NARFE system using GEMS. At least ten VFC members sent emails in saying how much they appreciated his reporting. One individual said he finally understood how the General Assembly operated.

The R. David Smith Memorial Award was created this year. This award will recognize significant citizenship and community service contributions of a member of the VFC of NARFE that emulates the commendable example set by R. David Smith, the immediate Past President of the VFC. It will also serve as a tribute to his leadership and dedication during his tenure in the VFC of NARFE. The first recipient of this award will be recognized at the 2010 VFC Convention. I want to thank Kathy Arpa, Area X VP and her committee for developing this award honoring Dave Smith.

William F. (Bill) Martin, President (continued)

This year, the VFC conducted four training sessions for chapter officers and four separate sessions which emphasized Membership Retention and Recruitment. An effort was also initiated this year to develop a Strategic Plan. We expect to have the plan completed this year.

Some of my activities this past year include: conducted three VFC Board of Directors meetings; participated in the Region X Vice President's Conference in Lake Junaluska, NC; visited and spoke at twenty-two chapter meetings; sent 140 State Legislation Program letters to all of the Virginia Delegates and Senators; attended the President's meeting in Grand Rapids, MI; rode on a July 4th float with members of Woodbridge Chapter 1270; participated in the chapter officer training and Membership Retention/Recruitment training sessions; installed one new AVP (Bob Dinklocker); appointed and installed a new VFC 2nd VP (Luther Santiful); regretfully accepted the resignation of the VFC 1st VP Carolyn Wilson; and worked with the 2010 VFC Convention Committee.

This will be my final year as President of the Virginia Federation of Chapters. I want to take this opportunity to thank all the wonderful members of the VFC Board for their commitment to the organization and for all the excellent work they have done during my two terms as president.

William Shackelford, 1st Vice President

When Benjamin Franklin was credited with the quotation "Nothing is certain about life except for death and taxes," he obviously did not foresee the terms of the officers of the Virginia Federation of Chapters. The past year has been with a "whirlwind" of changes in the VFC. I was elected as the VFC 2nd Vice President at the 2009 VFC Convention in May and actually served about 5 months in that position. However due to the untimely and unexpected resignation of Carolyn Wilson, I was asked to assume the duties of VFC 1st Vice President.

I was able to visit several chapters around the VFC including attending the summer picnic of Chapter 2112 (Caroline County). In conjunction with Grass Roots Advocacy Month, I attended the chapter meeting of Chapter 1827 (Virginia Beach-Seaside) where I met with an aide to Congressman Glenn Nye and also the chapter meeting of Chapter 1159 (Annandale) where I spoke with Congressman Gerald Connolly. I was also an invited speaker at Chapter 682 (Peninsula/Newport News) where I spoke on the unified dues referendum and membership recruitment. I attended the 40th Anniversary celebrations of Chapter 1116 (Vienna-Oakton) and Chapter 1133 (Loudoun) and spoke on membership retention and the 2010 VFC Convention. At the October meeting of Chapter 90 (Fredericksburg) and I spoke on progress on health care legislation, membership recruitment/retention training, chapter officer training and the structure of NARFE on a national scale as well as the structure of the VFC. Also, in October, I attended the 10th Annual Legislative Breakfast of the Northern Virginia Aging Network and presented a VFC State-PAC check to Delegate David Poisson.

One thing that I learned after being elected 2nd Vice President was that one of the primary duties of the position is to biennially conduct training sessions for the Chapter Officers and Chairmen. However, before I could put together the training agenda, I assumed the office of 1st Vice President. Working with newly appointed 2nd Vice President Luther Santiful, Carolyn Wilson, Membership Chair Dennis Martin, VFC Secretary Bob Miller and Chapter 737 (Fairfax) Treasurer Donna Shackelford, we succeeded in organizing and conducting two-day training sessions at four locations around the VFC for Chapter Officers and Membership Retention/Recruitment. Additionally, I would like to extend my special thanks to NARFE HQ Public Relations Director Chuck Timanus for his tremendous contribution to the Membership Retention/Recruitment portion of the training.

As 1st Vice President, I also assumed the duties of 2010 Convention Coordinator. I have been very busy working with Convention Chair Betty Warren and with the fourteen chapters in Areas I, II and IV combining their efforts to sponsor and make the 2010 VFC Convention the most successful convention ever. The theme for this year's convention is "Building A Strong Alliance Through Membership".

Additionally, I was asked by VFC President Bill Martin to chair the committee to review and select the honoree for the first annual R. David Smith Award which is to be presented at the 2010 VFC Convention. The purpose of this award is to recognize significant citizenship and community service contributions of a member of the VFC that emulates the commendable example set by VFC Past President R. David Smith and is given to honor his memory and as a tribute to his leadership and dedication during his tenure in the VFC.

William Shackelford, 1st Vice President (continued)

The response was excellent with 19 individuals from 17 VFC Chapters being nominated for this award. The outstanding 2010 nominees are - - Ed Weiler (Arlington - 7), Catherine Ericson (Petersburg - 28), Judith Brantner (Richmond - 60), George West (Richmond - 60), John J. Ramirez (Tidewater - 66), Lewis Peery (Roanoke - 111), Robert H. Miller (Alexandria - 232), Marie Collins (Peninsula - 683), Joan McDonald (Springfield - 893), Kathy Arpa (Vienna-Oakton - 1116), Shirley Martin (Vienna-Oakton - 1116), Harvey Fuell (South of the James - 1138), Wilton Ward (Annandale - 1159), Pierce Johnson (Woodbridge - 1270), Benny Parker (Metro/Northern Virginia - 1665), Kenneth C. Gimbert (Seaside/Virginia Beach - 1827), Margaret S. Bartell (Midlothian - 2265), Jackie Richards (Falls Run - 2343), Wilhelmina Santiful (Shenandoah County - 2358).

Finally, I would be remiss if I did not thank VFC President William (Bill) Martin and Executive Committee members Treasurer Darlene Myer Rhodes, Secretary Robert Miller and 2nd Vice President Luther Santiful, ten Area Vice Presidents, six Committee Chairs and my predecessor as 1st Vice President Carolyn Wilson who helped me serve the VFC during 2009.

Luther L. Santiful, 2nd Vice President

As many of you know, the VFC President appointed me in October 2009 to fill the remaining term of Carolyn Wilson who resigned. Prior to that, I served as Vice President of Area VII and as Harrisonburg Chapter 164 President. Fortunately, the program chairs for whom I have oversight responsibility are all very competent in their respective programmatic areas.

There are two program chairs that I want to highlight as having done superb jobs this year. They are: William A. (Bill) Schmidt, State Legislation Program Chair, and Constance and John Bails, CO-Service Officers. Bill's Virginia General Assembly Session reports were the best ever. We constantly heard comments like "These reports, for the first time, make it easy for me to understand how the General Assembly works." Respectively, the Bails team has developed a presentation that provides simple, easy to understand guidance to members on how to get their records in order for "Life's Events."

Frank Szumilo, National Legislation Chair, resigned recently to return to full-time employment. We will miss Frank for he was energetically spearheading member support of NARFE –PAC. To succeed Frank, please welcome Jim Brewer who will assume the duties of the National Legislation Chair. The full range of activities from each of the program chairs can be found elsewhere in this report.

The highlight of my activities during my short tenure as 2nd Vice President was the biennual chapter officer and membership retention two-day training sessions held in four locations scattered throughout the State of Virginia. Not only did I conduct certain parts of the training, I was able to meet chapter officers from around the state and get their views on how we can improve our processes. Clearly, one size does not fit all. A small chapter in Page County has different issues than a chapter in one of the major cities in Northern Virginia. One thing that came across almost universally was that we can learn from each other as we devise strategies to make the VFC better.

I have been available to members and officers from all over the state answering their questions, and responding to requests for materials. These actions have helped me in one of my responsibilities to improve the VFC website. Ideas from all are welcome.

Although I have only been the 2nd Vice President since October 2009, circumstances have come about that prompt me to run in this convention for 1st Vice President. Accordingly, I ask for the vote of every member in attendance. I promise to listen to you and do the best I can to serve your interests as grass-root members of VFC and NARFE.

Robert H. Miller, Secretary

This past year has been eventful and satisfying in serving you in the Virginia Federation. I have had the opportunity to meet new NARFE members as well as renew acquaintances around the state especially during the February-March officer training sessions.

This past year the Secretary took and compiled minutes of the meetings of the Board of Directors and the VFC Executive Committee and compiled reports from Board members for the 2010 Annual Report. Annually, at the VFC Convention I compiled a record of the Area Caucus elections of Area Vice Presidents and members of the Nominating Committee and conducted a meeting to choose the Nominating Committee Chair. Also, I forwarded the required reports on our convention as well as officer roster to NARFE Headquarters.

"Virginia Federation of Chapters 2010 Voting Strength and Federation Dues" as of December 31, 2009, was distributed to chapters on the basis of National's M-110 membership statistics. About the same time, the VFC Treasurer sent a dues notice to chapter treasurers.

The VFC Secretary received resolutions and proposed bylaw changes for inclusion in the 2010 "Call to Convention". Any items received after the deadlines may be presented for consideration at the VFC Convention.

The Secretary participated in VFC Chapter Officer Training (Presidents, Vice Presidents, Secretaries, Treasurers) held in February (Richmond, Manassas) and in March (Chesapeake, Roanoke) and attended several Chapter and Northern Virginia Caucus of Chapters meetings, including holiday luncheons. Also, in November I attended the Senior Beacon Info Expo at Ballston Common Mall, Arlington, and urged northern Virginia chapters to participate in future events by applying for NARFE matching funds.

As a member of Chapter 232, Alexandria, I participated in the VFC State Legislation meeting last June, arranged for a Delegate candidates forum in October, and met northern Virginia legislators during the General Assembly session in Richmond.

Special thanks to VFC President William (Bill) Martin, 1st Vice President William Shafelford, 2nd Vice President Luther Santiful and Treasurer Darlene Myer Rhodes as well as Area Vice Presidents and Committee Chairs who helped me serve the Federation this past year. Thanks are also due to former 1st Vice President Carolyn Wilson who participated actively for the first half of the year and continued to serve in making the arrangements for the four training meetings and for VFC convention site selection.

Talking "One-on-One" about NARFE to friends who I meet at other venues and then following up with a NARFE literature mailing was one of my activities in 2009-10. Having reached the limit of six consecutive one-year terms of VFC Secretary my goal for next year is to increase membership recruitment and retention in my Chapter 232, Alexandria.

VFC ANNUAL REPORT – 2010 Darlene Myer Rhodes, Treasurer

ACCOUNT BALANCES

As of March 31, 2010

CODE	DESCRIPTION	Balance	Receipts	Disbursements	Balance
		30-Jun-09	Jul 1 - Mar 31	Jul 1 - Mar 31	31-Mar-10
1000	Wachovia Checking	39,396.38	62,050.92	66,677.53	34,769.77
1010	Contingency Fund (4/10) (1)	9,107,25	26.23	0.00	9,133.48
1044	General Fund CD5 (7/10) (1)	6,332.10	23.47	0.00	6,355.57
1045	General Fund CD6 (5/10) (1)	8,485.67	23.35	0.00	8,509.02
1047	General Fund CD2 (10/09) (1)	10,222.54	9.02	10,231.56	0.00
1030	General Fund MM (1)	7,595.10	10,262.11	0.00	17,857.21
	Total General Funds	81,139.04	72,395.10	76,909.09	76,625.05
1000	Political Account Checking (2)	4.00	4,917.00	4,917.00	4.00
1020	Political Account MM (2)	5,891.32	922.26	4,000.00	2,813.58
	Total Political Fund	5,895.32	5,839.26	8,917.00	2,817.58
1005	Convention Checking	12.87	31,086.00	2,680.36	28,418.51
	Total Convention Fund	12.87	31,086.00	2,680.36	28,418.51

License Plate Escrow (3)	0.00	220.00	0.00	220.00
Total License Plate Escrow	0.00	220.00	0.00	220.00

- (1) Available reserves (codes 1010, 1044, 1045, 1047 and 1030) totaling \$41.855.28. Proceeds from 1047 were deposited into 1030.
- (2) VFC State Political Accounts. One is a Money Market account which earns interest on accumulated contributions from individual NARFE members until time for the disbursement to legislators' campaigns. At that time, funds are transferred to the checking account. Checks are distributed to the respective VFC AVPs to arrange for hand delivery to recipients.
 Maintenance of these accounts is in accordance with state laws and guidelines provided by the State Board of Elections (SBE). VFC State Political Account quarterly reports are required and transmitted electronically to the SBE by the VFC Treasurer. The report for the period ending 31 Mar 2010 was transmitted electronically to the SBE on 2 Apr 10, although it was not due until 15 Apr 10.
- (3) A non-interest bearing escrow account holding pre-paid NARFE license plate registrations in accordance with Virginia law.
- (4) The 2008 Form 990 was filed with the IRS before November 15, 2009 due date.
- (5) During this period, a review of financial accounts for Fiscal Year 1 July 2008 30 June 2009 was conducted by a Certified Public Accountant (CPA), who reported the VFC financial accounts to be presented fairly in all material respects.

VFC ANNUAL REPORT – 2010 Darlene Myer Rhodes, Treasurer

FINANCIAL REPORT

July 1, 2009 - March 31, 2010

DESCRIPTION	BUDGET (\$)	ACTUAL (\$)	
Revenues	Annum	Jul 1 - Mar 31	
To nomination is the anisotropy and the state of the stat		The region of the property of the control of the co	
NARFE 10% Funds	\$52,000	\$37,306.92	
Chapter Dues	\$38,000	\$22,836.00	
Accounts Receivable	N/A	\$13,783.00	
Reimbursed Expenses	\$100	\$100.00	
NARFE Matching Funds	\$808	\$808.00	
interest	\$400	\$112.62	
2010 Convention Advance	\$1,000	\$1,000.00	
2010 CD5-Training	\$6,332	\$0.00	
2010 CD2-Training	\$10,223	\$0.00	
Prior year Carryover	\$20,587	\$0.00	
		graph and the second state.	
TOTAL REVENUES	\$129,450	\$62,164	
		5-14 N04	
Expenses	Annum	Jul 1 - Mar 31	
[= :: 6 - :: 4 - : 1	200.000	¢44.000.44	
Executive Committee	\$20,225	\$11,988.44	
IPP and Appointees	\$10,350	\$2,261.33	
Field Operation	\$31,325	\$13,363.84	
Program Operation	\$22,300	\$9,930.90	
Convention Advance	\$1,000	\$1,000.00	
Awards/Gifts	\$1,500	\$0.00	
NARFE/FEEA	\$1,000	\$1,000.00	
Membership Training	\$7,000	\$6,841.09	
Officer Training	\$9,000	\$8,996.13	
Directories	\$200	\$0.00	
Electronics Comte	\$200	\$0.00	
Equip Rental/Repair	\$500	\$0.00	
Hotel	\$2,500	\$2,317.22	
Member Recruitment	\$8,100	\$1,915.39	
Miscellaneous Expense	\$2,000	\$1,836.30	
Newsletter	\$2,000	\$1,358.54	
Pre-Retirement Activities	\$200	\$0.00	
President's Spec Cornte	\$500	\$0.00	
President's Special Mtgs	\$9,000	\$4,822.00	
VFC Data Base	\$250	\$0.00	
Web Site	\$300	\$4 6.15	

NET GAIN/LOSS

TOTAL EXPENSES

-\$4,514

\$66,678 (52%)

\$129,450

Sharon H. Rose, Area I Vice President

Area I is comprised of four chapters, Peninsula Chapter 682, Williamsburg Colonial chapter 685, Middle Peninsula chapter 1757, and Northern Neck Chapter 1823. The past year has brought several changes to Area I as three chapters elected new presidents. Some chapters have had problems filling and retaining the Secretary position and they have solved the problem with co-secretaries.

In December, long time President Paul Componation stepped down and James Bradbury was elected the new President of Chapter 1757, Middle Peninsula. Paul has been a most dedicated NARFE member and the chapter will miss his steady hand. Jim has shown great enthusiasm and determination and I look forward to working with him. One of his goals is to reintroduce the chapter newsletter. Chapter 685, Williamsburg Colonial, President Barbara Hood had to step down and the Chapter currently has two co-presidents. They have reinstated their newsletter on a bimonthly basis. Northern Neck\, Chapter 1823, elected a new President (John Krainock) in December, replacing Jim Landrum who has been President for the past two years. Jim has kept me on my toes as the chapter members are very active and vocal in regard to VFC and NARFE Chapter 1823 has led the way this past year in issues. I'm sure John will do the same. presenting interesting and timely programs. Their newsletter is a good example to follow as it is interesting, informative and timely. Chapter 682, Peninsula, retained its President, Shirley Atkins, a long time, dedicated member of the VFC and NARFE. They have long had a monthly newsletter, which was revamped by a new editor this past year continuing its long tradition of an outstanding newsletter.

During the year, I attended the VFC Board meetings, the VFC 55th Annual Convention, and visited the four chapters on a regular basis. I also held three Area Council of Chapter meetings I installed officers in Chapter 1823 and 1757. In July, we began work in earnest on the 2010 VFC Convention. Area I, II and IV will host the VFC Convention in April 2010 and I'm pleased to say we have participation from the Area I chapters.

Chapter 682 has continued their quarterly night meetings to encourage active employee attendance. Chapter 1823 meets in different locations to help encourage attendance at meetings. All chapters have hosted political incumbents and candidates and visited them in August/September.

I have been very fortunate to have four chapters with members who have supported the activities of the VFC throughout the past year (2009). Volunteerism comes from the heart and I am most appreciative of their time and effort. It has been my pleasure to serve the chapters in Area I this past year and my heartfelt appreciation to the officers and members for their support.

NARFE - BUILDING A STRONG ALLIANCE THROUGH MEMBERSHIP

Betty L. Warren, Area II Vice President

Serving as the Chairperson for the 2010 VFC Convention has been a challenge allocating more time and energy from me and many others. The Convention Hosts Areas I, It and IV as well as other committee members have worked tirelessly to make this a successful convention. The five Chapters in Area II are represented by one or more delegates to the convention.

Area II includes five chapters: Chapter 5 Metro, Chapter 66 Tidewater, Chapter 974 Virginia Beach, Chapter 1175 Eastern Shore and Chapter 1827 Seaside.

During the year we have emphasized membership and continue to do so. Each of us is a member of the Membership Committee. Towards that end, recruitment and membership is ongoing "Building a Strong Alliance through Membership" the VFC 2010 Convention theme.

The Chapter members have taken action to implore their Representatives and Senators on federal workers and retirees issues, most recent "include federal workers and retirees in proposal to delay the health plan excise tax."

The Eastern Shore Chapter 1175, 120 + members meet twice yearly has problems getting members to attend chapter meetings and serve as officers and committee chairs, and Metro 5 slightly larger 290 + members faces some of the same problems. Metro 5 have speakers at their monthly meetings and serve light refreshments. Members in this chapter have been very supportive in hosting this years' convention.

The Seaside Chapter 1827 and Virginia Beach Chapter 974 meeting attendance are consistent. The members are politically active and have monthly speakers. There was no change in elected officers.

Tidewater Chapter 66, elected a new President, Harry Jones. Harry has many ideas to move the chapter forward. Example: the chapter has twelve members and guests attending the VFC convention. The meetings are well attended. This is a social chapter and members enjoy the luncheon meetings and speakers.

If anyone has ideas on how we can get members to attend chapter meetings and be willing to serve as chapter officers and committee chairs, please share them with me. It has been my pleasure to serve you as Area II Vice President. Thank each one for your support. If reelected at the 2010 VFC State Convention, I look forward to serving as your Area II Vice President another year.

Jack W. McMurchy, Area III Vice President

The past year was busy. All six area coordinators returned to serve again. They are Jim Bradley (Service), Barry Corson (National Legislation), Carroll Graham (State Legislation), Bettye Thornton (Membership), Marv Hecker (Alzheimer's), and Larry Garelick (Public Relations/Newsletter Editor.) The biggest challenge was continuing publication of the area newsletter after the Midlothian Chapter discontinued participation. The coordinators from that chapter continued to contribute articles in their subject areas, and it worked out well with continued contributions of the other coordinators and six chapter editors. A problem that affects all newsletters was the change by the U.S. Postal Service in handling bulk mail and relocation of sorting POs which slowed distribution. All chapters except but Colonial Heights now have service officers. All chapter websites were updated, and six of the chapters have current bylaws. For the first time in several years, all chapters filled all elected officer positions

Both the National and State Legislative coordinators and chapters were active in meeting their congressmen and delegates of the General Assembly last summer and fall. Barry Corson, the new Congressional Liaison for the 7th District, set up a meeting in the Congressman Cantor's Glen Allen office which I attended with chapter presidents throughout the district and VFC president, Bill Martin. (The Congressman did not attend and was represented by staff members). Congressman Randy Forbes 4th District met at John Tyler Community College with 400 of us including (including Colonial Heights and Petersburg members). Barbara Nugent, one of the Congressional Liaisons for the 4th Congressional District, helped set it up. Many of us were individually able to talk with both the congressman and his staff. The Midlothian chapter also met with Senator Warner's staff at the Midlothian Office. Later many of the same staff personnel talked with us at the Midlothian picnic in September. Area members were active in developing the State Legislative Plan, and the largest turnout at the June work meeting was from Area 3. Later in October, I met with Delegate Kirk Cox and the Colonial Heights president and Petersburg legislative chair to present him with a PAC check from VFC and later with Delegate Roz Dance and Petersburg members to present her with a PAC check. We discussed the NARFE State Legislative Plan with both delegates.

There was a change in two elected offices in the Petersburg Chapter. Annette Jackson was elected president for 2010, and I'm serving as treasurer. Roy Beasley continued as vice president and Anne Saunders as Secretary. Chapter membership dropped during last year but increased in December to end the year with the same membership total as the year before. The late year end increase was attributed to increased reinstatement efforts of the membership committee. This year the chapter celebrates its 60th. anniversary, and planning continues for a luncheon in June.

Jack W. McMurchy, Area III Vice President (continued)

Richmond Chapter officers were all reelected for another year. A variety of programs is provided, and at the end of 2009, the chapter changed meeting locations. The chapter continues to lose members, primarily due to deaths.

Activities of the South of the James Chapter increased under new president, Joyce Thomas, who was elected in February of 2009. The slide of membership experienced in 2009 is slowing. Attendance at meetings increased, and the number of program speakers expanded. The chapter updated both the bylaws and website. The Colonial Heights chapter reelected their president, secretary, and treasurer, and former VFC President, Carolyn Wilson, became their new vice-president and membership chair. Membership decreased through most of 2009, but increased by year-end primarily because membership retention improved. The chapter continues to have good attendance at meetings, updated their website, and revised their bylaws.

The Imperial Plaza Chapter officers remained the same, but president Bettye Thornton notified her members 2010 will be her last year as president. The VFC's smallest chapter has maintained a stable size through the year and continues to have high turnouts at meetings. They are working on updating their bylaws. The Tuckahoe Chapter officers have all served for 8 years or more and are encouraging others to step forward. They maintained a stable number of members throughout 2009 but lost a few at the beginning of 2010.

Midlothian reelected all past officers and a new secretary, Catherine Dorsett. The chapter has steadily gained members and increased those on dues withholding. They have good turnouts at meetings and a variety of programs. As mentioned previously, the chapter was especially active in the national legislation through meetings with two congressmen/staffs, Senator Warner's staff and state delegates.

I appreciate the Area III officers and members for their support and cooperation this past year. I look forward to serving another year as Area III Vice President if I am reelected at the Area III Caucus meeting at the VFC Convention.

Joseph D. Lee, Area IV Vice President

Area IV consists of five chapters with a total membership of about 900 members.

Chapter 0063 Portsmouth - Paul Wilson, President

Chapter 1293 Churchland - Bobby Whittington, President

Chapter 1682 Chesapeake - Bill Swann, President

Chapter 1697 Brentwood - Walter Broadnax, President

Chapter 1743 Suffolk - Joe Silberholz, President

Membership Retention: Two Chapters participated in the Health Fairs in Portsmouth. In November at the Norfolk Naval Shipyard, Ch. 1293 distributed about 2,400 NARFE brochures/pamphlets and membership applications and about 750 NARFE magazines. Chapter 1697 participated in the Health Fair at the Portsmouth Naval Hospital and distributed about 250 NARFE magazines and about 600 pamphlets, brochures, membership applications. Marie Collins took care of this as no one had papers for allowing access to the hospital meeting area.

Political Actions: Bill Swann, Norma Lee, and myself met with Delegate Lionel Spruill and his Administrative Rep. at the Marriott Hotel, Chesapeake. Each person received a packet addressing the VFC Legislation Plan. All Attendees participated and provided their perspective on each action of the Legislative Plan. Conversations and analysis took place for about two and a half hours. I presented a VFC-Political Fund Check to Delegate Spruill and he was most appreciative. He stated he would support all actions presented except the Redistricting Plan.

Special Programs: Hooray. With NARFE Matching Funds, Joe Silberholz, President Chapter 1743. Is preparing for the Suffolk Peanut Festival. Tenative date is expected to be October 7th – 10th, 2010. Participation from all Area IV Chapters is expected as was set up previously.

Chapter Meeting Programs: A variety of speakers on various topics have been presented in Area IV:

Greg Edwards, Virginia Port Authority, on the Craney Island Expansion Project with Expansion of the Job Market. Also the Rail Line Project which will be 10 years in the making.

Angela Russell, Director of Managed Care, Bon Secours, Medicare changes for 2009.

Barry Summer, AARP Driver Safety Program, importance and availability of Driver Training.

Bobby Whittington, retired Security Director for Fleet Industrial Center, Security Considerations in the Post 911 Era.

Will and Paula King and Patricia Nesbitt, American Red Cross, steps to prepare for disasters.

Heyman Investment Group & Wells Fargo Financial Services, Investment Strategies for Seniors.

David C. Holly, Financial Investment Management, Roth IRA, and Diversification of Investing.

Serving as Area IV Vice President has been a sincere honor and privilege. Thanks to VFC officers and program chairs for your cooperation, guidance and direction. Mr. Dell (computer) is still a challenge sometimes. Have to work on this in the future.

VFC ANNUAL REPORT - 2010 Jessie L. Barksdale, Area V Vice President

Area V - Chapters: Lynchburg 0110, Danville 1011, Bedford 1068, Martinsville/Henry 1882, Southside 2079, Piedmont 2080

Goals and Objectives:

- Obtain verbal or written feedback from NARFE members in Area V who do not attend chapter meetings or participate in NARFE activities in an effort to understand and better accommodate their needs.
- Develop a common procedure for contacting local postmasters and providing NARFE information to active and retired US Postal employees.
- Develop an outline for distributing NARFE information at public activities such as fairs/festivals, etc.
- Increase Alzheimer's and NARFE-PAC contributions by 5%.
- Promote NARFE via chapter newsletters.
- Recognize (locally & nationally) noteworthy contributions and accomplishments of chapter members.

Our primary focus is retention. Regardless of area or chapter, this goal should never be abolished. Membership losses in Area V fluctuate between 2-3% annually. Like other chapters, the majority of members in Area V do not attend regularly scheduled meetings/activities. The indicators for non-attendance remain the same (lack of interest, age and health-related concerns). Inevitably, this contributes to non-renewal. With renewed energy and commitment, we hope to increase attendance (if only marginal) by telephonically contacting all member during the year. We applied the VFC for sponsoring training sessions to further address retention.

In view of those issues and concerns that prevent some members from participating in chapter meetings, etc, we must maximize the potential of chapter newsletters in Area V. We can enhance our recruitment and retention efforts by "selling" NARFE via the newsletters. In theory, the newsletter should inform the membership and inspires them to become more actively involved.

We are not unique, but chapters in Area V are greatly challenged when it comes to recruiting. The majority of new members are still recruited by national. Except for a few Federal agencies with satellite offices (with minimal employees) and the US Postal Service, there is no "mainline" for recruiting. Therefore, our continuing goal is to create opportunities to share information about NARFE Given this situation, the local Postoffices are still a good target. However, there is skepticism when it comes to promoting NARFE among active postal employees, and we are still trying to work beyond this.

Finally, in spite of the up's and downs that occurred, membership in Area V is good. Our member are loyal, and this contributes to the overall success of the VFC and NARFE. We are optimistic that we can improve recruitment and retention in Area V in the current year. I want to thank all of the chapter officers and members for their dedication and commitment in keeping NARFE at the forefront.

Delwyn A. "Del" Dyer, Area VI Vice President

Area VI consists of four Chapters: Roanoke Valley 111, New River Valley 1134, Wilderness Trail 1837 and Southwest Virginia Highlands 2330. Chapter 111 meets at Hidden Valley Country Club in Roanoke. Chapter 1134 meets at the Bull and Bones in Blacksburg. Chapter 1837 meets at Shoney's in Wytheville. And, Chapter 2330 meets at the Senior Center in Abingdon.

As Area Vice President I attended each of the Chapters at least twice during the year. I also attended the 2009 VFC Convention in Reston, the State Legislative planning meeting in Richmond and each of the VFC Board meetings. In addition I met individually with new officers and or committee chairs at their request. I sent summaries of each VFC Board meeting to the Chapter Presidents and included suggestions for work they should be undertaking.

All Chapters have a full slate of officers and Chairman of recommended committees have been reappointed. In each of the past two years two of our Chapters had difficulty finding a nominee for President even though they had candidates for all the remaining offices. It was Chapter 111's turn this year. Wanda Ware was nominated from the floor and agreed to stand for election after VFC 1st Vice President Bill Shackleford and I addressed the Chapter on the importance of having a President and what the job entailed. Following elections Vice President Bill installed the new officers including President Wanda Ware.

Two Chapters found new meeting places (1134 and 2330). The Roanoke Chapter met in several locations and is still searching for just the right place. Roanoke Chapter meeting attendance held steady throughout their many moves.

Membership has held steady in spite of the rather large number of deaths in 2009. Membership recruitment has managed to almost keep up with non renewals. Chapters continue to encourage dues with-holding. I found having the applications available and offering to help the members complete the forms results in action. Members complete and submit their applications in larger numbers than if I just talk about the fact that dues with-holding is a good idea.

Chapter meetings continue to be well attended. Program Chairs have found interesting programs with a good mix of "benefits" and "fun" information with topics like organ donation, civil war history, genealogy, fitness and health for seniors and so on. All Chapters have newsletters and Chapter 2330 has an active telephone tree.

I have enjoyed my work in the Area. I hope my efforts have been useful. If I'm nominated at the Area meeting held during the 2010 VFC Convention in April 2010 I'd be delighted to serve another year.

Steve Dansker, Area VII Vice President

Area VII now comprises SIX chapters located in Charlottesville, Harrisonburg, Page Valley, the combined chapter of Staunton, Augusta, and Waynesboro, AND the new Shenandoah County chapter that meets in Mt. Jackson. The new Shenandoah County Chapter was formed in January, 2009. The first President of this new chapter, Bob Dinklocker, subsequently during 2009 also became the Area VII AVP, when the current AVP, Luther Santiful, was appointed VFC Second Vice President. (I was appointed AVP in March 2010 when Bob announced he was moving to Florida shortly.) Also upon Bob's eminent departure, I was elected President of the Shenandoah County Chapter. All chapters are functioning with a full slate of officers, albeit with some members being double-hatted. The sizes of these chapters varies greatly from approximately 600 in Winchester to 60+ in the Page Valley and Shenandoah County chapters. All told there are 1350+ members currently in all 6 chapters. The Area for these 6 chapters runs principally along Interstate 81 in Western Virginia, with Page Valley and Charlottesville some miles off to the side, the distance being over 120 miles from north to south. Visitations by the AVP to all chapter officers was a mixture of individual visits, and an annual all Area VII meeting in the spring.

Membership numbers for 2009 in each of the 6 chapters varied somewhat. The prime increase was felt in Shenandoah County that grew from 13 charter members to 62 by the end of the year. The Page Valley (69 members) and Staunton (132) chapters essentially stayed the same. Small losses were recorded by Winchester (606) and Harrisonburg (196). In all, Area VII grew by 37 members to a total of 1350. The programs and speakers at each of the chapter meetings varied greatly with the common thread being the support of the Alzheimers Support Organizations throughout Virginia. Area VII contributions for this effort have been at the highest per-capita in the state, and members are to be congratulated and thanked for their continuing financial support to this noteworthy cause. Other speakers at the Area VII chapter meetings varied from state politicians to local charities to NARFE national and VFC presenters all bringing highlights to issues that were acutely relevant to the members. Again chapter officers are to be commended for their efforts to bring all of these persons to our chapter meetings. In addition, Area VII chapters attended NARFE training sessions and held picnics and Christmas Season parties that were enjoyed by all.

A highlight of the year was the Area VII all-hands meeting in Harrisonburg on June 4th. Hosted by the Area VII VP, Luther Santiful, the enclave were treated to a full discussion of NARFE topics that were on the table. Of particular note was the NARFE dues discussion that was presented to chapter members in a vote to change the method of collection. Although ultimated narrowly defeated, the issue is still in discussion and may be brought forward again in order to streamline the collection of dues processing. This meeting included fine presentations by Bill Schmidt, VFC State Legislative Chair, and Dennis Martin, VFC Membership Chair. As stated in the VFC by-laws, the subjects they covered are the main causes of NARFE's existence: maintaining member benefits, and increasing membership to that of a huge nation-wide audience that will be felt in the Congress and state legislatures. The NARFE-PAC was mentioned as a vital part of this effort in our quest to fully and loudly state our cause.

T his is my initial year as Area VII VP. I am deeply honored and humbled by this VFC Leadership appointment. My motto is and will always be: I'm here to serve. I will vigorously carry out my duties of representing Area VII both at the VFC Level as a member of the VFC Board, and in our Area as your VP here in the Valley.

Leslie E. Ravenell, Area VIII Vice President

I was elected as the Area VIII Vice President at the 2009 VFC Convention in Reston, VA in May 2009. It has been a very exciting and rewarding as I have traveled to each of the seven chapters getting to know our NARFE members and in some cases visiting parts of Virginia that were new to me. On the map, Area VIII may look relatively small but it takes over 650 of driving just to visit each chapter once. During the last twelve months I have been able to visit all chapters twice except for Warrenton-Fauquier Chapter 1549 which meets on the same day as my home Chapter 595, Colonial Beach. In addition, I conducted an Area VIII meeting in November 2009 with over 20 members attending and I had the opportunity to share the latest information from the VFC.

Area VIII consists of the following chapters: Fredericksburg Chapter 90, President: Maureen Nolet; Colonial Beach Chapter 595, President: Anna Payne; Warrenton-Fauquier Chapter 1549, President: Ray Brandenburg; Lake of the Woods Chapter 1885, President: Nick Duy; Louisa Chapter 2065, President: Rachel Hollins; Caroline Chapter 2112, President: Judith Moore; and Falls Run Chapter 2343, president: Jackie Richards. All presidents were returning except for Chapter 90 President Maureen Nolet who is new.

Fredericksburg Chapter 90 is the largest Area VIII chapter with over 700 members and Caroline is the smallest with 50 members. Other chapters fall somewhere in between. Membership has been an important and constant issue and this year saw a .05 percent increase in Area VIII membership. At the end of 2008 Area VIII had 1,696 members and at yearend 2009, membership was 1,705. Thanks to all our Area VIII membership chairs who worked so hard to achieve this increase.

The 2009 Alzheimer's' Report shows that Area VIII is holding its own by working hard to contribute to this important charity. For calendar year 2009, Area VIII was in third place with total contributions of \$10,515.48 and in second place for per capita with \$7.48. For individual chapters, Falls Run placed fourth in total donations and second in per capita. Again, the dedication of Alzheimer's chairs and the total membership made this happen. Thanks to everyone for these positive accomplishments.

It has been a great year and I (along with everyone on Area VIII) am looking forward to continuing the important work of NARFE in 2010/2011.

Pierce J. Johnson, Area IX Vice President

Last year at the VFC Convention in Reston, VA, I was elected to suceed Bill Masterson as Area IX Vice President, who had served admirably for several years. Bill and his wife Jann had been Area mainstays, and we owe them a debt of gratitude. Area IX includes the following six "southern" chapters of Northern Virginia: Chapter 232, Alexandria, Nick Andrus, President (new); Chapter 1159, Annandale, Charlie Dane, President (continuing); Chapter 401, Falls Church, John Restall, President (new); Chapter 356, Manassas, John Shipley, President (continuing); Chapter 893, Springfield, Dick Gallagher, President (continuing); Chapter 1270, Woodbridge, Gaston Gianni, President (continuing)

Area IX is the home of Robert Miller (Chapter 232), who will be completing his sixth year as VFC Secretary; Darlene Myer Rhodes (Chapter 893), who serves as VFC Treasurer; Frank Szumilo (Chapter 401), who served a partial year as the National Legislation Chair; and Margaret Yowell (Chapter 893), who serves as VFC Chaplain. Virginia Swain (Chapter 1270) is a candidate for VFC Secretary.

Pierce J. Johnson, Area IX Vice President (continued)

Chapters in Area IX range in size from about 450 (Manassas) to nearly 1800 (Springfield). Area IX has the two largest chapters in Virginia (Springfield and Alexandria). However, nearly all Area IX chapters (except Manassas) experienced drops in membership, yielding about one percent yearly drop. In June, Chapter 401 (Falls Church) celebrated their 55th anniversary, with NARFE President Margaret Baptiste giving the keynote address. Chapter 1270 (Woodbridge) again participated in Virginia's biggest July 4th Parade, held in Dale City. VFC President Bill Martin rode in the chapter's float.

I am very proud of the Area IX contributions for Alzheimer's research this year. Area IX came in second among the Areas. Chapter 1270 (Woodbridge) with \$27,189.58 came in second among chapters only due to a large bequest in Chapter 489. Our success was due in part to a "friendly competition" between Woodbridge and Springfield chapters. Each raised over \$10,000. Chapters conducted Fashion Shows, silent auctions, white elephant sales, used book/CD/video cassette sales and 50/50 drawings. Per capita contributions included Woodbridge-\$17.36; Annandale-\$8.90; Springfield-\$6.90.

Living so close to Washington, DC, many Area IX members participated in the bi-annual NARFE National Legislative Training Conference in March 2009. Members had the opportunity to visit offices of their Congressmen and Senators staff and a few got their photos in the NARFE magazine. Many Area IX members attended VFC Legislation Committee meeting in Richmond to draft the VFC State Legislation Action Plan for the 2010 General Assembly. Within Area IX, State Delegate Vivian Watts received a \$500 contribution from the VFC State Political Fund.

Area IX was EXTREMELY active in the "Grass Roots Advocacy Month" in August. Congressman Wolf joined Chapter 356 (Manassas), Congressman Wittman joined Chapter 1270 (Woodbridge), and Congressman Connolly visited meetings of both Chapter 893 (Springfield) and Chapter 1159 (Annandale). Also, NARFE members participated in a membership drive at the Health Benefits Fair sponsored by Congressman Connolly at the Fairfax County Government Center.

I'm proud to report that Area IX chapters are indeed in the 21st century. Each chapter not only produces a newsletter, but also maintains a website, accessible from the VFC website. Monthly programs run the gamut from entertainment to information to legislative updates. I have been able to visit each chapter during the past year and have found their programs interesting and stimulating. I've also been privileged to install officers in many of the chapters.

In an effort to "make NARFE a household name", I made a NARFE presentation at a Blue Cross/Blue Shield session in Manassas for federal employees who serve as Health Benefit Officers. In addition, I attended a conference sponsored by Kaiser Permanente in Washington, DC. I was also pleased to staff a NARFE table at a FEMA health benefits session in Washington, DC. Finally, I just made the NARFE presentation at a pre-retirement seminar for the National Geospatial Intelligence Agency. These all were successful and introduced NARFE to folks who hadn't a clue before!

The Northern Virginia Caucus of Chapters (Areas IX and X) met quarterly throughout the year. In January, they elected Pierce Johnson, Area IX VP and Kathy Arpa, Area X VP as Caucus Co-chairs. Other elected officers are: Vice Chair, Shirley Keyes (Chapter 1116); Secretary, Ginny Taylor (Chapter 1159); and Treasurer, Bill Schmidt (Chapter 1241). At meetings, members exchange ideas and share information on programs that have been popular at chapter meetings.

In addition to canceling government offices, the February snowstorms resulted in several chapter meetings being cancelled. Members did participate in the VFC Officer Training and Membership Retention/Recruiting sessions held in Manassas.

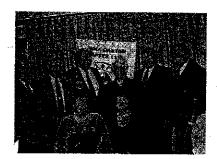
Kathy Arpa, Area X Vice President

It is hard to believe that it has been a year since Area X was a co-host of the VFC Convention in Reston, Virginia. Area X includes seven chapters in northern Virginia. This year, four chapters have new presidents: Elsie Cunningham, Chapter 7 (Arlington), Richard (Dick) Spann, Chapter 489 (McLean-Great Falls), Frank Kelly, Chapter 737 (Fairfax), and Shirley Keyes, Chapter 1116 (Vienna-Oakton). Continuing as presidents are: Matt Prisutti, Chapter 1133 (Loudoun), Dick Gingerelli, Chapter 1241 (Dulles), and Judy Willis and Jeanette Pelton, co-presidents from Chapter 1665 (Metro Northern VA).

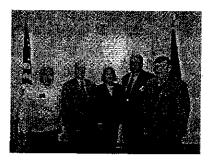
Area X is an integral part of the VFC. It is the home base for two candidates for the VFC Executive Board. Bill Shackelford (Chapter 737) is a candidate for President and Dick Giangerelli is a candidate for 2nd Vice President. Current VFC members from Area X are: Dr. Constance and John Bails, Co-Service Officers (Chapter 737), Bill Schmidt, State Legislation Chair (Chapter 1241), and Shirley Keyes, Alzheimer's Chair (Chapter 1116). John Elkins, Point of Contact for the VFC NARFE Special License Plate project5, is from Chapter 1116.

Chapters in Area X make up 23% of Virginia's NARFE membership and range in size from the smallest at around 280 to the largest with over 1,000 members in the Arlington and Fairfax chapters. At the end of 2009, Area X showed a net increase in membership with increases in four of the seven chapters. Loudoun had an 11.6% increase in membership with 30 new members.

Four chapters in Area X celebrated anniversaries during the past year with special guests from NARFE headquarters and the VFC. Chapter 737 celebrated their 50th anniversary and Chapter 1665 celebrated their 30th anniversary in September. Chapter 1133 celebrated their 40th anniversary in October and Chapter 1116 celebrated their 40th anniversary in December.







Chapter 1133



Chapter 1665

Area X helped the VFC reach their dollar goal for Alzheimer's research with a large donation of \$148,369 from a Chapter 489 individual's estate. In addition to donations from members, other chapters raised money for Alzheimer's research through the sale of entertainment books, silent auctions, white elephant sales, and 50/50 drawings. Chapter 1665 set a yearly goal of \$20 per member.

In June, members participated in a VFC State Legislation meeting in Richmond with Bill Schmidt drafting the proposed State Legislative Action Plan. Chapter 7 originated two of the items in the 2010 legislative plan for presentation to members of the Virginia General Assembly; "Uniform Power of

Kathy Arpa, Area X Vice President (continued)

Attorney" and "provisions for nonpartisan redistricting". Two delegates from Area X received \$500 checks from the VFC state political fund. Chapters were active during Grass Roots Advocacy Month meetings in August and September. Members met with congressmen and delegates and attended the meeting hosted by Chapter 1159 (Annandale) featuring Congressman Gerry Connolly. Many chapters featured local politicians at their fall meetings.

Area X members participated in humanitarian and community activities. Chapter 1133 made cash donations to several local charities and service organizations in Loudoun County and provided gifts for residents of the Loudoun Long Term Care Facility. Chapter 1241 collected \$125 for the NARFE-FEEA Disaster Fund and made a \$245 donation to assist in the disaster recovery in Haiti. Chapter 1116 was a sponsor of a Fun Run at a local church, where participants wore tee shirts with the NARFE website on the back. Chapter 1241 co-sponsored an antique car show, which raised \$4,500 for two nursing scholarships in geriatric medicine at George Mason University Area X members participated in membership drives at the health fair sponsored by Congressman Gerry Connolly at the Fairfax County Government Center and the FAA Regional Air Traffic Control Center in Leesburg. Gayle Reed, a member of Chapter 1116, received the Congressional Medal of Honor in a ceremony on Capitol Hill in March. Gayle was a former WASP, serving as a pilot in World War II.

Each chapter in Area X distributes a newsletter announcing programs to generate interest in attending meetings. Popular speakers at meetings included Walt Francis (author of Consumer Checkbook), Sally Harvey from the Travelers Aid Program at Dulles International Airport, Joe Davidson (*The Washington Post's "Federal Diary"* Reporter), Michelle Scott (Executive Director of the local Shepherd's Center), Mary Belanich, a senior health/lifeline manager from the Virginia Hospital Center, Bob Susson (Commander of the American Legion Post 177 in Fairfax), Frank Szumilo (our previous VFC National Legislative Chair) and Dr. Constance and John Bails. Other informative programs included David Snell from NARFE, Gayle Nelson from Blue Cross and Blue Shield, financial planners, a representative from Alzheimer's Day Care, and a representative from the Census Bureau. Several meetings were devoted to discussions on NARFE-PAC and NARFE's Dues Referendum.

The Northern Virginia Caucus of Chapters (Areas IX and X) met in January 2010 and elected Pierce Johnson, Area IX VP and Kathy Arpa, Area X VP, as co-chairs of the Caucus. Shirley Keyes was elected vice chair. Ginny Taylor (Chapter 1159) was elected secretary and Bill Schmidt was elected treasurer. The group usually meets on a quarterly basis. The next meeting will be May 4, 2010. Further information about the Caucus can be found at www.vanarfe.org

The blizzards in early February resulted in the cancellation of several Area X chapter meetings. Later that month six of the seven chapters participated in the officer and/or membership retention training provided by the VFC. Bill and Donna Shackelford from Area X were instructors at the four training locations.

I look forward to seeing many of the Area X chapter members at our Caucus Meeting on April 26 in Virginia Beach!

Jim Brewer, National Legislation Chair

I accepted Bill Martin's request a month ago to handle National Legislation for the VFC. You should have received the NARFE-PAC solicitation letter from NARFE President Margaret Baptiste. For the first year of 2009-2010 Congressional cycle, Virginia's NARFE-PAC contribution totaled \$9,774 from 288 contributors, but well below our VFC goal of \$85,000 for the two-year cycle. At the VFC Convention I will have updated information as well as NARFE-PAC forms and pins for purchase. No convention is complete without members sporting the NARFE-PAC pin.

If you did not get the \$250 economic recovery payment through Social Security because you are a Civil Service Retirement System (CSRS) retiree, you should have claimed the credit when filing your 2009 income tax return.

VFC Secretary Bob Miller has summarized below legislative developments as reported during the year by the NARFE Legislative Hotline and by Frank Szumilo, who served as VFC National Leg. Chair but resigned to accept fulltime employment.

Legislatively speaking, in the current 111th Congress little positive progress has been realized on benefits/improvements that NARFE has been seeking, but no negative actions occurred either. Currently we stand with benefits protected, our top priority.

NARFE members, particularly Congressional District Liaisons and Senate Liaisons, actively supported Grass-Roots Advocacy Month during the past August recess by holding or arranging for numerous meetings with Members of Congress and staff of Senators Webb and Warner. Congressmen Wittman, Scott, Wolf, and Connolly attended and spoke at NARFE chapter meetings.

Most of the Virginia Congressional Delegation signed on to support Premium Conversion, as well as Elimination of Social Security Government Pension Offset (GPO) and the so-called Windfall Elimination Provision (WEP). It has been difficult to move House bills beyond the House Ways and Means Committee due to the loss of revenue to the Federal Government, however, we must keep pushing, particularly the Premium Conversion. In March, NARFE staff participated in a Washington, D. C. legislative "summit" on the unfair and arbitrary aspects of GPO and WEP. Many of the participants represented state teacher retirement organizations.

On March 23rd, President Obama signed the health care reform legislation into law (P.L.111-148). Nothing changes immediately for the nine million Americans covered by FEHBP. NARFE and Congressional leaders were able to maintain an agreement in the new law that Federal workers and annuitants would not be subject to the so called "Cadillac" health plan excise tax until 2018. Only Members of Congress and their personal staff will be required to enroll in the state exchanges once they become operational. A second but shorter bill, the "reconciliation" bill, H.R. 4872, passed in late March and the President signed it into law April 6. The health care overhaul would reduce subsidies to private Medicare Advantage plans and lower costs under traditional Medicare. The plan improves preventive benefits for seniors in Medicare.

The National Commission on Fiscal Responsibility, established in February by Executive Order, is scheduled to recommend by December 2010 policies to reduce the federal budget deficit. NARFE will emphasize to commissioners that benefits to federal employees and annuitants are fully funded and not to be part of deficit-reduction efforts.

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William A. Schmidt, State Legislation Chair

We have a new member working on the State Legislation Committee, Jim Bradley, of Midlothian Chapter who will serve with Carroll Graham, as State Legislative Representative to directly interact with Legislators in Richmond.

The VFC supported 8 Virginia State Delegates this past fall for reelection with checks for \$500 each to assist in their reelection. The choices were made by the VFC Board of Directors with input from individual chapters, as well as members of the State Legislation Committee. Some of the candidates were selected because they had supported issues that NARFE was concerned with, while others were chosen for their position of leadership in the House of Delegates. We need to gain the ear of those members who will be sitting in on conference committees when issues of importance to our members are being decided. We supported these candidates for election to seats in the House of Delegates in 2009:

Harry Purkey. (R) Delegate Purkey has represented the 82nd district since 1986. Del Purkey is the chair of the Finance Committee and also serves on the Commerce and Labor and the Science and Technology committees. The State Leg. committee and the Board thought that it is extremely important to have the chair of the Finance Committee, which considers all tax law, understand our issues.

Lacey Putney.(I) Delegate Putney has represented the 19th district since 1962. He serves as the chair of the House Appropriation Committee and is also a member of the Rules and the Privileges and Elections committees. As chair of the Appropriations Committee he is in charge of preparing the budget and leading the House of Delegates members in the conference committee to iron out budget differences with the Senate. We will need his support or at least his understanding of our issues.

Vivian Watts (D) Delegate Watts has carried many bills to benefit the Seniors' community. She is well thought of by all of the aging groups that we interact with. She has been supportive of VFC issues, and deserves our support. She was endorsed by Annandale Chapter 1159.

Tom Rust. (R) Delegate Rust has represented the 86th district since it was redrawn in 2001. He is vice chair of the Science and Technology Committee and also serves on the Education, Transportation, and Commerce & Labor committees. He has been a good friend of NARFE and is supported by Dulles Chapter 1241.

David Poisson. (D) Delegate Poisson has represented the 32nd district since 2/0006. His tenure has not put him in a position to be the ranking member on committees yet. He serves on the Counties Cities and Towns and the Militia Police and Public Safety committees. He was proposed by the members of Dulles Chapter 1241.

Rosylin Dance. (D) Delegate Dance has represented the 63rd district since she was elected during a special election in April 2006. She serves as a member of the Privileges and Elections, General Laws, and Appropriations committees. As a member of the P&E Elections Subcommittee she has been supportive of bills to create a bipartisan redistricting commission. She has also sponsored and supported in committee attempts to liberalize absentee voting and permit early voting.

Lionell Spruil Sr. (D) Delegate Spruil has represented the 77th district since 1994 and serves on the Rules, Counties Cities and Towns, and the Health Welfare and Institutions committees. As the senior minority party member of the HW&I committee he would be in line for chairmanship if the control of the House were to change parties. He has sponsored bills to make absentee voting easier.

William A. Schmidt, State Legislation Chair (continued)

M. Kirkland Cox. (R) Delegate Cox has represented the 66th district since 1990. He is chair of the Agriculture Chesapeake and Natural Resources Committee and serves on the Appropriations and Rules Committees. He is an influential member of the Appropriations Committee who has served several times on budget conference committees.

All of our candidates except Delegate Poisson won their election in November.

Our draft 2010 legislative plan was developed with the participation of members from every VFC area at the well-attended State Legislation Committee meeting in June. The Board approved a concise plan at the July Board meeting and approved a recommendation of candidate support for final approval by the Executive Committee.

Our legislative plan has met with mixed success this year.

The House Privileges and Elections Committee refused to entertain the idea of a nonpartisan redistricting commission. Passing such legislation next year would be too late to afford sufficient time for a commission to work out a plan that must be adopted before the June primaries in 2011.

The Uniform Power of Attorney Act has been approved.

Bills in the House and Senate have been approved to place an amendment on the ballot this fall to permit all localities to offer reduced real estate taxes to seniors and disabled persons.

Only marginal gains have been made on Aging and VDOT issues. The drastic restrictions on the state budget have made any significant actions in those areas too costly.

This year we have placed a page on the VFC State Legislation web page to provide easy access to the various bills in the GA that pertain to our plan issues. We have continued to issue weekly updates on the progress in the legislature.

As always your committee can alert you to what is happening, but the most effective lobbying is done by you personally. Invite your local representatives to speak to your chapter. Have them present a report on the session just finished.

Our biggest disappointment this last year has been the dismal level of donations to the VFC Political Fund by our membership. The VFC Board has annually adopted a \$12,000 fundraising goal for this fund, but we have found that it is difficult to achieve half of this. We will be emphasizing this fund this coming year. Other than your personal lobbying efforts with each and every member of the General Assembly, this fund and the delivery of moderate sized checks to candidates by VFC Board members assisted by chapter members is our best opportunity to identify NARFE and the VFC to our representatives. While our major function as an organization will always be the protection of our earned benefits in the national arena, there are often issues in the state that strongly impact our members, and when a representative is contacted by members of our organization, it helps to be known in advance. Senators and delegates who are appointed to conference committees need to be especially aware of our interests and needs because it is difficult to reach them during the press of business late in the session. Your convention program has a copy of the VFC Political Fund donation form. Please use it!

Dennis K. Martin, Membership Chair

The VFC membership ended in positive territory for the year (+120). While new member numbers were not spectacular for the year, reinstatements were up significantly from prior years and allowed the VFC to record a membership increase for the year. It looks as if our retention efforts are starting to pay off. Helping with the membership increase were the efforts of Pat Taylor and she is to be commended.

Through the efforts of all Chapters and AVP's emphasizing dues withholding, dues withholding continues to increase. The dues withholding is up 8.2%, year-over-year, with over 10.8% of the total membership now are having dues withheld.

Some other statistical membership items of note: 1) the number transferring in and out of the state was down significantly possibly as a result of the country's economic outlook; 2) the number of members who passed away increased over past years, a reflection of the aging membership; and, 3) the number of non-renewals remained constant, which shows that there is still a lot of work to be done in the area of retention.

Finally recognition should be given to those Areas and Chapters who had the highest percentage improvement in new members are additional dues withholding. Area V had the largest percentage increase in membership, 3.0%, followed by Area VII with 2.5%. Among chapters, Chapter 2343, Falls Run, showed the best increase, 17.9%, followed by Chapter 1133, Loudoun, up 11.6%.

Area VI had the largest percentage increase in dues withholding, 18.7%, followed by Area IX with 10.8%. Chapter 1175, Eastern Shore had the largest increase followed by Chapter 1837, Wilderness Trail.

Pat Taylor, Public Relations Chair

PR comes in many forms – on the chapter and federation level. All too often Chapter PR Chairs think all they have to do is submit a meeting notice to the local newspaper and put an item in the Chapter newsletter. Believe me, PR is LOTS more than that.! After having served as my Chapter PR Chair, editor of the Chapter newsletter, and now three years as the VFC PR Chair, I'm still learning just what it takes to be a PR Chair!!

Last September I attended the Region X meeting at Lake Junaluska, NC that specifically discussed membership recruitment and retention using latest methods including IT. The VFC Training held at four locations in February and March was able to use Chuck Timanus from the national office to bring his perspective on public relations.

Selling the NARFE name and explaining what the VFC is – start there. Getting folks – especially potential members – to recognize the name NARFE and what the organization does is vital. Wearing your chapter or federation nametag when you are out in public will prompt folks to ask you what NARFE is – a good first step! While sitting in meetings, listen for a chance to find out where other attendees worked – when they mention Federal service, start talking about NARFE. I had that opportunity recently at a Lions Club meeting and now I have a potential member for my chapter! Never miss an opportunity to talk about NARFE – to sell the brand name to others.

Another step in selling NARFE is to invite the editor or a columnist for the local newspaper to be a speaker at your chapter meeting. Making the editor aware of your organization is good, but it usually means that you can be assured of getting a meeting notice published if the editor is speaking at your event.

Something I'm trying in my own chapter – and I hope other chapters will follow suit – is promoting small monthly day trips for chapter members. As the Chapter Program Chair, I'm setting up a visit/tour of one of the local agencies where we can tour, learn, and interact with current employees. Your own area/locality may have agencies where a short tour of the facility might be feasible. It is a win/win – keeping your current members active and involved and interacting with current "Feds".

As PR Chair, you have to be creative, innovative, and motivated! Set a goal and work to meet that goal (i.e., getting "xx" number of members more active); ask them to bring friends/co-workers with them for chapter activities. Just get the NARFE name out any way you can!

Last July, I asked the VFC Board for approval to design a Virginia auto license plate bearing the NARFE logo with a waving U. S. flag in the background – something I call "Mobile PR". The plate has been designed, John Elkins, Vienna-Oakton Chapter agreed to serve as point of contact, and we're now collecting the 350 prepaid applications (required by DMV before the plate can be issued). After we've collected 350+ prepaid applications then we will go to a State Senator or Delegate to request authorization from the General Assembly.

Plans are well underway for the 2010 VFC Convention at Virginia Beach where I am serving as Convention PR Chair. We will have an information and signup table about the NARFE license plate. Being PR Chair is a never ending process – but FUN!

Constance T. & John D. BAILS - Co Service Officer Chairpersons

THE BEGINNING - We are very excited and grateful to be a part of Virginia Federation of Chapters. We began our year by attending the May 2009 Convention as delegates, patrons, supporters and ad contributors for the Convention. We attended all Executive Board meetings, and became acclimated with the process of the organization at a State Level.

Additionally, we met with the Office of Personnel Management (OPM) team members and engaged in a dialogue to establish a closer partnership on behalf of NARFE.

Finally, we attended the Service Officers' Committee Forum where we provided a brief overview of our backgrounds, and introduced just a few of the projects that we envision to move the Service Officers Program forward.

EXECUTIVE BOARD PARTICIPATION - During the past year, we attended all Executive Board Meetings, May 2009, at the Convention, July and October 2009, in Gordonsville Virginia and the January 2010 meeting in Virginia Beach. During the January meeting we presented our customized Service Officers presentation on the value of Service Officers to the Executive Board and provided electronic copies per request to be used in the various Area and Chapter meetings. We also served as Reviews for the 2009 R. David Smith Annual Award.

SERVICE OFFICERS LINES OF COMMUNICATION - We have established an e-mail list of Chapter Service Officers used to disseminate notes of interest to Chapter Members. We also have a "SERVICE OFFICER'S NOTES" column that is a part of the Federations Newsletter as another means of passing pertinent information to our NARFE Family.

And, we are subscribers to, OPM's, Benefits Administration Information list. The Benefits Administration Information list provides information on the administration of the Federal retirement and insurance systems. Subscribers receive all Benefits Administration Letters, the Benefits Administration eLetter, and updates on Federal Erroneous Retirement Coverage Corrections Act (FERCCA). Upon receipt of information, we pass on to Chapter Service Officers.

CHAPTER VISITS AND PRESENTATIONS - Also, during this past year, we have had the privilege to visit several of the NARFE Chapters. October 2009, we traveled to Chapter 5, Virginia Beach. Noteworthy, during our presentation we helped recruit a new NARFE member and after our presentation, the new member was very interested in becoming Service Officer for Chapter 5. February 2010, we visited & presented at Chapter 2065, Louisa Virginia; and in March we presented at Chapter 1727, Henrico County, and Chapter 1116, Vienna.

We look forward to visiting your Area and Chapter meetings. For additional information, please visit us at the VFC web- site: VANARFE.org, click on SERVICE.

Shirley Keyes, Alzheimer's Chair

Well in another month it will be a years since I have taken the job of VFC Alzheimer's Chair. We had a goal of \$65,000 for 2009. And we not only reached the goal, but from VFC members we surpassed it by \$6,000 and also exceeded the 2008 total by about \$5,000. The 2009 total of almost \$221,000 included \$71,000 from NARFE members, but also the wonderful contribution in February 2009 from a bequest of a member of McLean Chapter 489.

Now this year may be difficult for some givers, so we will have to do what we are doing so far this year – reaching another goal.

CONGRATULATIONS TO THE LEADERS OF THIS YEAR'S CONTRIBUTIONS:

Area 10- \$155,287.88

Area 9- \$27,189.58

Area 8 --- \$10,515.48

Area 7 -- \$8,038.00

CHAPTERS:

McLean Chapter 489--\$149,038.53 Woodbridge Chapter 1270--\$10,934.98 Springfield Chapter 893-\$10,141.10 Falls Run Chapter 2343-----\$5,105.50 Our quarterly per capita reports for the total amounts sent per area go from \$1.83 per person to \$7.26 per person and with the large donation in the mix is comes to \$40.62 per person.

PER CAPITA, AREAS:

Area 10 - \$40.83

Area 8 - \$7.48

Area 7 - \$7.26

Area 9 - \$5.91

PER CAPITA, CHAPTERS:

Chapter 489 McLean ----\$423.10

Chapter 2343 Falls Run -\$58.85

Chapter 2358 Shenandoah County-\$41.73 Chapter 1270 Woodbridge-\$17.36

Remember Americans continue to live longer and Alzheimer's disease is expected to skyrocket from the current 5.3 million Americans to as many as 16 million by 2050. This progressive and fatal disease poses immediate safety concerns for people living with the disease and enormous challenges and stress for their caregivers. Let's work on making this year a year of difference for Alzheimer's.

I have visited three chapters since October. I want to thank Chapter 1270 Woodbridge, Chapter 1665 Metro Northern Virginia, and Chapter 974 Virginia Beach. It has been a wonderful experience attending these chapters and being part of their special events for Alzheimer's, i.e., fashion show, spaghetti dinner, and silent auctions. I will be visiting a chapter before the VFC convention and then visit two chapters after our convention. I am looking forward to these visits. Meeting so many of the members of each of the chapters is a wonderful experience. If I can be of any help to other chapters please let me know.

I am looking forward to the VFC convention and setting this year's goal. Many chapters are already working very hard for Alzheimer's research. Thank you for what you have collected so far. The research is so important if we are ever going to find a cure for this dreadful disease. Let's be 100% this year, so I am asking every chapter to donate to Alzheimer's at least once. Have a white elephant sale, a silent auction, a spaghetti dinner, a pancake breakfast, a fashion show, or an art exhibit. I wish you luck with whatever fundraiser you and your chapter can put on to help with this very serious cause for all of us.

VFC BOARD OF DIRECTORS (May 2009 - April 2010) -

Position	Name	Report Page
President	William F. "Bill" Martin	2-3
1st Vice President	Carolyn E. Wilson (resigned 9/09)	
•	William Shackelford (appointed 10	/09) 4-5
2 nd Vice President	William Shackelford (note above)	,
	Luther Santiful (appointed 10/09)	6
Secretary	Robert H. Miller	7
Treasurer	Darlene Myer Rhodes	8-9
Area I Vice President	Sharon H. Rose	10
Area II Vice President	Betty L. Warren	11
Area III Vice President	Jack W. McMurchy	12-13
Area IV Vice President	Joseph D. Lee	14
Area V Vice President	Jessie L. Barksdale	15
Area VI Vice President	Delwyn A. "Del" Dyer	16
Area VII Vice President	Luther Santiful	
	Robert Dinklocker (appointed 10/0	9)
	Steve Dansker (appointed 3/09)	17
Area VIII Vice President	Leslie E. Ravenell	18
Area IX Vice President	Pierce J. Johnson	19
Area X Vice President	Kathy R. Arpa	20-21
National Legislation Chair	Frank Szumilo	
	Jim Brewer (appointed 3/10)	22
State Legislation Chair	William A. Schmidt	23-24
Membership Chair	Dennis K. Martin	25
Public Relations Chair	Patricia A. Taylor	26
Service Co-Chairs	Constance and John Bails	27
Alzheimer's Chair	Shirley Keyes	28
Chaplain*	Margaret Yowell	NA
Constitution & Bylaws Chair*	Donald H. Shiffert	NA
Nominating Committee Chair*	Janet Payne Swann	NA
Parliamentarian*	Margaret Yowell	NA
Senior State Legislative Representative*	J. Carroll Graham	NA.
State Legislative Representative*	James Bradley	NA
Pre-Retirement Seminar Coordinator*	Barbara Nugent	NA
Newsletter Editor*	Mary Ann "Mag" Garth	NA
VFC Co-Webmasters*	Stanleigh W. "Stan" Palen	NA
	Sidney Sachs	NA
VFC Net E-mail Coordinator*	Richard F. "Dick" Edwards	NA
Sergeant at Arms*	Charles W. Casey	NA
	Lee Barta (appointed 3/10)	NA

^{*}Non-Voting Members. Reports are not provided.



VIRGINIA FEDERATION OF CHAPTERS

www.vanarfe.org

The Virginia Federation of Chapters of NARFE was established April 9, 1955. Eighteen national members representing ten chapters and fewer than 1,000 members in the state established the tenth state federation of NARFE.

The Virginia Federation has 57 member chapters with membership about 20,000.

The state is divided into ten areas to which chapters are assigned by geographical location for more efficient operation. Ten Area Vice Presidents, six Committee Chairs, five Executive Committee members, and the Immediate Past President serve on the Federation Board of Directors.

The Board of Directors meets at least three times yearly at a central location to conduct business of the Federation.

The Federation Constitution conforms to the overall objectives of NARFE, with its By-Laws and Organizational Handbook outlining the specifics of its mode of operation.

The Federation trains chapter officers and program chairs on a recurring basis. Training sessions are held throughout the state to minimize travel requirements.

For more information, contact:

William F. "Bill" Martin President, VFC NARFE 294 Tyler Point Lane Bumpass, VA 23024-4633

Phone: 540-872-3345 Email: NARFE2065@hughes.net

Web: www.vanarfe.org

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