

# VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES (VFN)

# 2021 VFN CONFERENCE October 10-13, 2021

# "ZOOMING INTO THE FUTURE "

President Constance Bails, Ph.D. 5326 Sandy Point Lane Clifton, VA 20124-0942 703-802-7344 presidentbails@vanarfe.org <u>Secretary</u> Esther Nash P.O. 3070 Stafford, VA 22555 703-690-0284 Iadyone191@gmail.com <u>Treasurer</u>

William "Bill" Martin 994 Warbonnet Trail Mineral, VA 23117 540-894-1483 treasurer@vanarfe.org

### **CONFERENCE BULLETIN # 1**

It is time to make plans to attend the rescheduled Virginia Federation of National Active and Retired Federal Employees (VFN) Conference, October 10-13, 2021. The hotel location and information are listed below. We encourage all VFN members, Retired and Active Federal employees, to join us. The following is important preliminary information:

### CONFERENCE DATES: OCTOBER 10-13, 2021

Registration Hours:	Sunday, October 10 Monday, October 11	2:00 pm - 5:00 pm. 7:30 am - 9:00 am; Noon-1:00 pm. 2:00 pm- 5:00 pm
	Tuesday, October 12	8:00 am -12:00 pm
<ul> <li>Opening Session:</li> </ul>	Monday, October 11	9:00 am
•Welcoming Reception:	Monday, October 11	7:00 pm
•Banquet:	Tuesday, October 12	6:00 pm
•Closing Session:	Wed. October 13	9:00 am – 12.00 noon

### **HOTEL INFORMATION**

Hotel Name	DoubleTree by Hilton	1021 Koger Center Blvd., Richmond, VA 23235
Telephone	804-379-3800	
Room Rate	\$99.00 per night plus tax	Deadline for Discount Reservations – September 1,
Group Name	Virginia Federation of NARFE	
Check-In	Sunday, October 10, 2021	
Check Out	Wednesday, October 13, 2021	

**HOSTS:** The hosts for this Conference are members of the VFN Board of Directors and several Area Chapter Officers and members.

**AGENDA DEVELOPMENT:** The Program Committee will appreciate topic and speaker suggestions for the Conference. Many of the recommendations presented at 2018 and 2019 VFN Conference evaluations are included in the program. Please submit additional suggestions no later than June 15, 2021 to, Robert Martin, the Conference Coordinator, Bobmartin1124@gmail.com or Constance T. Bails, Ph.D., Conference Chairperson, presidentbails@vanarfe.org.

**CONFERENCE THEME:** The Conference Committee selected, "ZOOMING INTO THE FUTURE" for the year 2021.

**MEMORIAL SERVICE:** A Memorial Service will be conducted for members who have passed away during 2019 and 2020. If you know of any member who passed prior to January 1, 2019, who has not been recognized in a memorial service at a previous Conference, he or she may be included in the Memorial Book for the 2021 Memorial Program. Each chapter is requested to forward a list (VFNC 21-6) of deceased members via their Area Vice President to Chaplain, Marilyn Riddle at 2505 Goodrich Durfey, Williamsburg, VA 23185-8031 or at email mriddle@cox.net, no later than July 1, 2021. She can also be reached at, 757-229-2177.

**RETENTION OF FUNDS FROM 2020 CANCELLED CONFERENCE**: If you elected to leave your payments for any of the services offered for the 2020 Conference, all funds will be applied to 2021. Each of the attached forms will give you an option to check a box if you chose to leave your funds. In addition, based on the ramifications of the 2020 COVID19 Pandemic, as an additional incentive, all ads will be published in color, compliments of the Virginia Federation of NARFE, at last year's black and white printing prices.

**REGISTRATION & BANQUET:** The registration and banquet information are listed on the enclosed 2021 VFN Conference Registration form (Form VFNC 21-1). The form may be reprinted as needed and is also available on the VFN website at www.vanarfe.org. This year we are offering an "Early Bird Special", if you register by August 1, 2021. Please note, there is an additional \$5.00 late registration fee for registrations postmarked after September 1,2021. Also, banquet registrations received after September 1, 2021, may not be accepted, and we cannot guarantee that the names of late registrants will be included in the Conference Program Book. Each completed registration form together with a check for the cost of registration and banquet must be forwarded to the Data Base Manager, John Bails, 5326 Sandy Point Lane, Clifton, VA 20124-0942. He may be contacted at 571-220-2860 or email at jbails@aol.com.

**BANQUET**: Reserved seating will **NOT** be available for the banquet. Also, special dietary requests must be clearly marked on the Registration Form (VFNC 21-1), and please indicate your choice of entree. If you have any questions or concerns contact Doris McAdams, at 540-720-1321 or <u>dmac200592@msn.com</u>.

**ELECTION OF OFFICERS:** The five officers on the VFN Executive Committee (i.e., President, 1<sup>st</sup> Vice President, 2<sup>nd</sup> Vice President, Secretary, and Treasurer) will not be elected until after the 2021 Conference. Only the eight Area Vice Presidents will be elected during the Area

Caucus meetings on Monday afternoon. A simple majority of all votes cast are required for election. The functions and responsibilities of these positions are listed in the VFN Organizational Handbook, posted on the VFN website, at www.vanarfe.org.

**NOMINATIONS**: If any member is interested in being considered by the Nominating Committee, please contact the VFN Nominating Committee Chairperson. A brief biography must be submitted, by July 1, 2021, to Larry Mcilwee, Nominating Committee Chairperson, at PO Box 1511, Tappahannock, VA. 22560-1511, or joseph.mcilwee@verizon.net. He can also be reached at 804-450-3919. Interested members may also be nominated from the floor during the annual meeting at the conference.

**CHAPTER BANNERS:** Each Chapter is encouraged to bring their Chapter banner to the Conference for display. Chapter banners may be hung from the upper-level railing or on their stands in the ballroom. Wire ties will be provided to hang your banner from the upper-level railing. (Please bring your own stands). John Bails and Bob Martin are the Facilities/Banner Chairpersons, they can be reached at 571-220-2860 or email <u>jbails@aol.com</u>, and <u>Bobmartin1124@gmail.com</u> for further information. Please contact either for the placement of your banner. On the last day of the Conference, all Chapter banners must be removed. You are responsible for hanging the banner, placement, and removal.

**CONFERENCE SUPPORTERS:** Resources of funding are required for the VFN Conference. One of the resources of funding is from members who become Conference Supporters. The names of all Supporters will be listed in the Program Book which will be distributed to each attendee. Members are invited to show their support by contributing in one of the following categories:

Platinum (\$100.00); Gold (\$75.00); Silver (\$50.00). Super Angel (\$25.00); Angel (\$20.00); Cheerleader (\$15.00). Booster (\$10.00); Supporter (\$5.00)

A supporter form will be required for each individual member, (Form VFNC 21-2), and a supporter form for groups of members, are required (Form VFNC 21-3). The forms can be found on the www.vanarfe.org website under 2021 VFN Conference Documents. Chapter coordinators, please ensure that the names are printed or typed clearly, so that proper recognition can be given in the Conference Program Book. The completed form, together with a check made payable, to 2021 VFN Conference must be sent to Esther Nash, P.O. Box 3070, Stafford, VA 22555-3070, not later than September 1, 2021. For additional information, please call her at 540-720-7403 or e-mail, ladyone191@gmail.com.

**PROGRAM BOOK ADVERTISEMENT(S):** Another source of funding required for the conference is advertisements in the Conference Program Book. One source of

advertisements consists of Virginia Federation members, groups of members, Chapters, and groups of Chapters who are not advertising a commercial operation or business. A completed Form VFCN 21-7A, must be sent, postmarked, no later than September 1, 2021 together with a copy of the advertisement and appropriate payment to: Advertisement Chairperson, Ray Orland, 101 Ruger Circle, Suffolk, VA 23434-9217. Please make checks payable to 2021 VFN Conference. An electronic file with the advertisement in PDF format, if possible, is to be sent to Program Chairperson, Mary Heck, at mary\_heck@msn.com.

Another source of advertisements is political incumbents, challengers, and commercial businesses. A completed Form VFNC 21-7B, must be sent, postmarked no later September 1, 2021 together with a paper copy of the advertisement and appropriate payment to; Advertisement Chairperson, Ray Orland, 101 Ruger Circle, Suffolk, VA 23434-9217. Please make checks payable to 2021 VFN Conference.

Also, please send an electronic file, in PDF format, if possible, to: Program Book Chairperson, Mary Heck, at mary\_heck@msn.com, with written details in the email from the completed form.

As an incentive to political incumbents, challengers, and to commercial businesses, all advertisements that cost at least \$190.00 are eligible to be posted on the VFN website. A letter of introduction for members to use for obtaining advertisements is attached, Form (VFNC 21-7) with this bulletin and may be reproduced, as needed. The Chapter President, or any other designated Chapter Officer, should complete and provide this form letter to members seeking advertisements, for the 2021 VFN Conference Program Book.

Since many organizations prepare their 2021 budgets in the fall, now is the time to request advertisements. We ask that each Chapter to appoint a person to serve as advertisement, Conference supporter coordinator. Please submit the name of the coordinator to the VFN Conference Advertisement Chairperson, Ray Orland, 101 Ruger Circle, Suffolk, VA 23434-9217, no later than September 1, 2021

**EXHIBITORS:** A third source of funding for the VFN conference, is from Exhibitors. Ted Pasek is the Exhibitor Chairperson, he can be reached at, 703-322-9322 or email, tedpasek@verizon.net. If you have any suggestions for exhibitors, please contact him. He will provide the necessary forms and any additional information.

Please use Form VFNC 21-5, an invitation letter to invite Exhibitors to participate in the 2021 VFN Conference. Form, VFNC 21-5A, is an invitation for Exhibitors to attend the VFN Reception and or Banquet. Form, VFNC 21-5B, is the Exhibitor Contract and Selections Form, please attach, Form VFNC 21-4, the Facilities Requirement Support Form to the Contract and Selection Form VFNC 21-5A. All forms can be downloaded from our website at; www.vanarfe.org. Send your form and check made payable to 2021 VFN Conference to Ted Pasek, 6714 Colewood Estates Road, Clifton, VA 20124-1635, on or before September 1, 2021. New Exhibitors are welcome.

**2021 LEADERSHIP AWARD:** Each year the VFN recognizes a member for their outstanding contributions to the VFN. The award criteria are listed on the VFN website

www.vanarfe.org. Please submit nominations to VFN President, Constance T. Bails, Ph.D., 5326 Sandy Point Lane, Clifton, VA 20124-0942, by before July 1, 2021. She can also be reached at, 703-802-7344, or by e-mail at presidentbails@vanarfe.org,

**SILENT AUCTION & 50/50 DRAWING:** A silent auction and a 50/50 drawing will be held to obtain contributions for Alzheimer's Research. Each Chapter is encouraged to donate one or more items for the Silent Auction. Some of the smaller chapters may consider coordination with other chapters to create an "area basket", for the auction. Donated items should have a minimum value of \$50.00. Items that have been popular in the past are jewelry, wine, original paintings, timeshares, gift cards and baskets. The donated items should be delivered to the Alzheimer's room, upon your arrival. A receipt for tax deductions will be provided and all items will be displayed. The auction and 50/50 drawing tickets will be available in the Alzheimer's room. For more information, please contact Donna Shackelford, VFN Alzheimer's Chair at, 703-830-6590 or email kamiahan@aol.com.

Thank you in advance for your support and participation. Conference information will be updated and sent to the membership as needed. Please direct any questions or comments to Robert Martin, VFN 2021 Conference Coordinator at, Bobmartin1124@gmail.com, or 202-255-3320, or Constance T. Bails, Ph. D, VFN 2021 Conference Chairperson. She can be reached at, presidentbails@vanarfe.org, or 703-802-7344.

Note: VFN Conference Forms are available on the VFN website,<u>www.vanarfe.org</u>, under VFN 2021 Conference and are fillable.

*Robert Martín* VFN 1<sup>st</sup> Vice President (Acting) VFN 2021 Conference Coordinator

- 1. Form VFNC 21-1, Conference Registration/Banquet
- 2. Form VFNC 21-2, Invitation to Individual Members Conference Supporters
- 3. Form VFNC 21-3, Multiple Supporter Listing
- 4. Form VFNC 21-4, Facilities Requirement Form
- 5. Form VFNC 21-5, Invitation for Exhibitors
- 6. Form VFNC-21-5A, Invitation to Exhibitors-Reception/Banquet
- 7. Form VFNC 21-5B, Exhibitors Contract
- 8. Form VFNC-21-6, Memorial Book List
- 9. Form VFNC 21-7, Letter of Introduction for Advertisements
- 10. Form VFNC 21-7A, Advertisement Contract Member & Chapters
- 11. Form VFNC 21-7B, Advertisement Contract Commercial & Patron



# ANNUAL MEETING AND CONFERENCE AGENDA

# **OCTOBER 10 - 13, 2021**

# "ZOOMING INTO THE FUTURE" SUNDAY, OCTOBER 10, 2021

### 2:00 P.M. - 5:30 P.M. REGISTRATION LOWER LOBBY

# VFN MEETINGS 2<sup>ND</sup> FLOOR

3:00 p.m 4:00 p.m.	Executive Board	Parlor A & B
4:15 p.m 5:00 p.m.	VFN Board Meeting	Parlor A & B
5:15 p.m 6:00 p.m.	<b>Conference Committee</b>	Parlor A & B

Robert Martin, 1<sup>st</sup> Vice President Conference Coordinator

Constance T. Bails, Ph.D., VFN President Conference Chair

"ZOOMING INTO THE FUTURE"

Visit us on Facebook, Instagram & Twitter



# Annual Meeting And Conference Agenda "ZOOMING INTO THE FUTURE"

MONDAY, OCTOBER 11, 2021

7:00 a.m.9:00 a.m.RegistrationLower Level12:00 noon - 1:00 p.m.RegistrationLower Level8:00 a.m. -5:00 p.m.Silent AuctionParlor E8:00 a.m. -5:00 p.m.ExhibitsJames River Foyer

Robert Martin, 1<sup>st</sup> Vice President Conference Coordinator

Constance T. Bails, Ph.D., VFN President Conference Chair

"ZOOMING INTO THE FUTURE"

Visit us on Facebook, Instagram & Twitter



Virginia Federation of NARFE (VFN)

# ANNUAL MEETING AND CONFERENCE AGENDA

### "ZOOMING INTO THE FUTURE"

# Monday, October 11, 2021

### 9:00 a.m. - 10:00 a.m. Annual Meeting & Conference - Parlor G & H

**Presiding Officer** Constance T. Bails, Ph.D., VFN President (Fairfax 737) Conference Chair

**Call for the Colors** John D. Bails, CWO3, USN Retired, VFN Sergeant at Arms (Fairfax 737)

**Presentation of Colors** Chesterfield County Sheriff's Department Honor Guards Led by Commander, SFC Steven Price

Pledge of Allegiance John D. Bails

National Anthem Soloist, Martin Street

Invocation Marilyn Riddle, Chaplain (Williamsburg 685)

Welcome to the VFN Conference Constance T. Bails, Ph.D.

### Welcome to Chesterfield County

Mr. James Holland, Chairperson Chesterfield Board of Supervisors

Introduction of Past VFN Presidents & National Officers Robert Martin, 1<sup>st</sup> Vice President, Conference Coordinator (Fredericksburg 90)

**Roll Call of Officers** Esther Nash, VFN Secretary, (Fredericksburg 90)

### Presentation of Conference Program Robert Martin

### 10:00 a.m. - 10:30 a.m.

### Introduction of Keynote Speaker

Bill Briscoe (Manassas 356) Senator Warner's Senatorial Legislative Leader

### **Remarks on Behalf of Senator Warner**

Randy Moore, Senator Warner's, Outreach Representative, Richmond Office Honorable Mark Warner, (video), United States Senator

### 10:30 a.m. - 10:45 a.m. BREAK Please Visit Exhibits & Silent Auction

### 10:45 a.m. - 11:15 a.m.

**Report of Registration** Arlene Arthur, Registration Chair (Tidewater 66)

**Presentation of Annual Meeting Standing Rules** John D. Bails

### **President's Report** Constance T. Bails, Ph.D.

### **Treasurer's Report** Thomas Rachele, Treasurer (Woodbridge 1270)

### 11:15 a.m. – 11:30 a.m.

**Region X Report** William Shackelford, Region X Vice President (Fairfax 737)

### 11:30 a.m. – 11:50 a.m.

**Conference Voting Procedures** Esther Nash, Secretary

### **Nominating Committee Report** Larry Mcilwee, Committee Chairperson (Northern Neck 1823)

**Call for Nominations from the Floor** Constance T. Bails, Ph.D., VFN President

### \*\*\*\*\*\*\*\* Vote by acclimation for unopposed candidates \*\*\*\*\*\*\*\*

Bylaws Committee Report & Acceptance James Little, Committee Chair (Woodbridge 1270)

### 11:50 a.m. – 12:00 noon

Announcements - John D. Bails

12:00 noon – 1:00 p.m. LUNCH ON YOUR OWN

### SUBJECT MATTER EXPERTS Parlor G & H

1:00 p.m 1:15 p.m.	Downsizing, A Major Change	Terri Robinson, Remax
1:15 p.m 1:30 p.m.	Wills and Trusts	Thomas Jamerson, Esq.

### WORKSHOPS

### 1:30 p.m. – 2:30 p.m.

Room

New Members & First Timers	Leslie Ravenell	York
New Officers Training	Kathy Arpa	Bon Air
Intro to Parliamentary Procedures	Linda Smallwood, Ph.D.	Chesterfield
Transitioning to Retirement Community	Helen Willis & Holly Henderson	New River
NES NARFE's Data Base Systems	John D. Bails	Anna
Conducting Effective Chapter Meetings	Bill Shackelford	Parlor G
Photography 101	Mark Arpa	Parlor F

### 2:30 p.m. - 2:45 p.m. Break - Visit Exhibits & Silent Auction

### SEMINARS 2:50 p.m. – 3:50 p.m. Parlor G & H

Estate & Financial Planning VFN Zooming into the Future Downsizing, A Major Change Thomas Jamerson, Esq. Dr. Bails/Mr. Martin Terri Robinson, Remax

### 4:00 p.m. – 5:00 pm Area Caucus Meetings

Area I Bon Air Room Area VII New River Room Chesterfield Room Area II Area VIII York Room Area IX Cove Room Parlor F Area III Area IV Midlothian Room Area X Anna Room

5:00 p.m. - 5:30 p.m. Special Meetings Parlor G & H Secretary meets w/ Newly Elected Nominating Committee (Primary & Alternates)



Monday Evening October 11, 2021

# 6:00 p.m. – 7:00 p.m.

Parlor AB

# WELCOMING RECEPTION



# THANK YOU, CONTRIBUTING SPONSOR

# **BLUE CROSS AND BLUE SHEILD**

**DINNER ON YOUR OWN** Eatery suggestion list in Conference Bag



# Tuesday, October 12, 2021

Registration: 7:00 a.m.- 8:30 a.m. 12:00 noon - 1:00 p.m. Lower Level Silent Auction: 8:00 a.m. - 5:00 p.m. Parlor E Exhibits: 8:00 a.m. - 5:00 p.m. James River Foyer

# 9:00 a.m. - 9:15 a.m.CONFERENCE RECONVENES - PARLOR G & HPresiding Officer<br/>Constance T. Bails Ph.D.Registration Report<br/>Arlene ArthurBallot Results (AVP Elections)<br/>Results to be announced after certified<br/>by Ballot & Tellers Committee9:15 a.m. - 10:00 a.m.Introduction of Keynote Speaker<br/>Leslie Ravenell, Immediate Past PresidentKeynote Speaker<br/>Barbara Sido, Executive Director (Video)<br/>National Active & Retired Federal Employees Association

10:00 a.m. - 10:15 a.m. Memorial Service Marilyn Riddle, Chaplain

> Soloist James Curry

### 10:15 a.m. - 10:30 a.m. BREAK - Visit Exhibits & Silent Auction

10:30 a.m. - 11:00 a.m.

Congressional District Liaison Appointments for the 117<sup>th</sup> Congressional Session

### NATIONAL LEGISLATIVE CHAIR

Gaston Gianni (Woodbridge Chapter 1270)

### SENATORIAL LEGISLATIVE LEADERS

Senator Mark WarnerWilliam (Bill) Briscoe (Manassas Chapter 356)Senator Tim KaineEddie Eitches (McLean-Great Falls Chapter 489)

### **CONGRESSIONAL DISTRICT LEADERS**

District # 1	Gaston Gianni
District # 2	Marilyn Riddle
District # 3	Raymond Orland
District # 4	Deborah Fisk
District # 5	Joanne Hirsch
District # 6	Frances Boatman
District # 7	Robert Zombron
District # 8	Thomas Hart
District # 9	Del Dyer
District #10	Dennis Freeman
District #11	Judy Thorne
	•

Woodbridge Williamsburg Suffolk Midlothian Charlottesville Roanoke Valley Midlothian Fairfax Roanoke Valley Fairfax Dulles Chapter 1270 Chapter 685 Chapter 1743 Chapter 2265 Chapter 135 Chapter 111 Chapter 2265 Chapter 737 Chapter 111 Chapter 737 Chapter 1241

### 11:00 a.m. - 12:00 noon Committee Meetings & Training

Alzheimer's
Area Vice Presidents (Current & Former)
Membership
National Legislation
Public Relations
Service
State Legislation

Anna Room Bon Air Room (1<sup>st</sup> VP) Cove Room New River Room Chesterfield Room York Room Parlor F

### LUNCH 12:00 – 1:00 P.M. on your own

### **CONFERENCE RECONVENES PARLOR G & H**

1:00 p.m 1:15 p.m.	Life Alert for Seniors
1:15 p.m 1:30 p.m.	Elder Scam

Mark Sheets, Comfort Keepers Leslie Blackwell, Director of Public Affairs Better Business Bureau Serving Central Virginia

### 1:30 p.m. - 2:00 p.m. Introduction of Guest Speaker

Deborah Fisk, State Legislative Chair, (Midlothian 2265)

### Guest Speaker(s)

Congressman Donald A. McEachin & Ms. Colette McEachin

### 2:00 p.m. - 2:30 p.m. Introduction of Guest Speaker

Gaston Gianni, Nat'l Legislative Chair

### Guest Speaker

Marsha Padilla-Goad, MPA (Video presentation) NARFE Grassroots Program Manager

### 2:30 p.m. - 2:45 p.m. BREAK - VISIT EXHIBITS & SILENT AUCTION

### SUBJECT MATER EXPERTS Parlor G & H

2:45 p.m 3:15 p.m.	Opioid Crisis	David S. Malakouti Community Outreach Coordinator Office of the Attorney General
3:15 p.m 3:45 p.m.	COVID 19	Laura R. Young (Virtual) MPH, CIC, Virginia Dept. of Health
· · -		

### 3:45 p.m. – 4:30 p.m. SEMINARS & WORKSHOPS

New Officers Training Introduction to Parliamentary Procedures Transitioning Into Living in a Retirement Com Downsizing a Major Change NES NARFE's Data Base Systems \*\* Social Media \*\* iPhone Photography (What's your North Star) Kathy Arpa Linda Smallwood, Ph.D. Helen Willis/Holly Henderson Terri Robinson, Remax Johann DeCastro (Video) Robert Martin Deborah Fisk Bon Air Chesterfield New River Midlothian Anna Parlor F Cove

Rooms

### \*(Bring your laptop, tablet, or phone)

### 5:00 p.m. EXHIBITS & SILENT AUCTION CLOSES

### **PICK UP ITEMS IN GALLERY**

# Tuesday October 12, 2021



twitter

# **BANQUET – SHENANDOAH BALLROOM**

6:00 p.m 7:00 p.m.	Social (Cash Bar) 2 <sup>nd</sup> floor Lobby Chapter and Group Photo Op Lobby	
6:35 p.m 6:50 p.m.	General Seating	
6:50 p.m 7:00 p.m.	Introduction of Dais & Special Guests Constance T. Bails, Ph.D., President	
7:00 p.m 7:15 p.m.	Installation Of VFN Officers & Photos William Shackelford, Region X Vice President	
7:15 p.m 7:20 p.m.	Banquet Blessings, Marilyn Riddle, Chaplain	
7:20 p.m 8:15 p.m.	Dinner Served	
	Entertainment DJ: Manny Green Entertainment	
8:15 p.m. – 8:30 p.m.	Special Presentations – VFN President, Dr. Bails	
8:30 p.m. – 10:30 p.m.	After Dinner Entertainment & Dancing	

# VISIT THE VIRGINIA FEDERATION OF NARFE ON FACEBOOK, INSTAGRAM & TWITTER



🔊 Instagram

PHOTO SHOOTS FOR CHAPTER OR AREA GROUPS PLEASE SIGN UP AT THE REGISTRATION DESK IN THE LOBBY

W	ednesday, October 13, 2021
9:00 a.m 9:15 a.m.	CONFERENCE RECONVENES – PARLOR G & H
	<b>Presiding Officer</b> VFN, President, Constance T. Bails, Ph.D.
	<b>Special Recognitions</b> VFN, President, Constance T. Bails, Ph.D.
9:15 a.m 9:45 a.m.	Introduction of Guest Speaker Gaston Gianni, National Legislative Chair, (Woodbridge 1270)
	<b>Guest Speaker</b> Derick Rill, The Federal Trade Commission Congressional Relations Office
9:45 a.m. 10:30 a.m.	Introduction of Guest Speaker Donna Shackelford, VFN Alzheimer's Chair (Fairfax 737)
	<b>Guest Speaker</b> Susan E. Carter National Alzheimer's Association Director, Planned Giving
	Alzheimer's Awards/Drawings Donna Shackelford
10:30a.m 10:45 a.m.	BREAK
10:45 a.m 11:00 a.m.	Introduction of Guest Speaker Doris McAdams
	Guest Speaker, Jacqueline Weisgarber (Virtual) Public Affairs Specialist Social Security Administration
11:00 a.m 11:30 a.m.	"A New Face for the VFN" Deborah Fisk, Electronic Communication Committee Chair
11:30 a.m 12:00 noon	Report of 2021 VFN Conference Committee Robert Martin, 2021 Conference Coordinator
	<b>Closing Remarks</b> Constance T. Bails, Ph.D.
	Announcements, John D. Bails
	Benediction Marilyn Riddle
	Adjournment Sine Die
VFN BOARD MEE	T IMMEDIATELY AFTER ADJOURNMENT Parlor A & B



### VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES (VFN) 2021 VFN CONFERENCE

October 10 – 13, 2021

**Doubletree by Hilton** 

1021 Koger Center Blvd. Richmond, VA 23235

<ul> <li>REGISTRATION / BANQUET INFORMATION (Please Read carefully)</li> <li>Registration Forms must be mailed with the appropriate fee to Data Base Chair, John Bails, 5326 Sandy Point Lane, Clifton, VA 20124-0942</li> <li>Only Registrations postmarked by September 1, 2021 will be guaranteed inclusion in the Program Booklet</li> <li>Registrations postmarked after September 1,2021 will be charged a late fee of \$5.00.</li> <li>Make check payable to "2021 VFN Conference". Conference registration fee is not refundable.</li> <li>Individuals registering with, "couple rate" must complete 2 registrations &amp; check "couple" on each form.</li> <li>Banquet reservations received after September 21, 2021 may not be accepted. Banquet fee is refundable if a request is postmarked and mailed to: Data Base Chair, John Bails (address above) or emailed to him at Jbails@aol.com by September 15,2021.</li> </ul>		
Each attendee must complete a separate Registration Form (Please Print or Type)         VFN CHAPTER MEMBER       COUPLE         NATIONAL ONLY MEMBER       Image: Couple Coupl		
Member Name (Last, First)     Phone # w/Area Code     NARFE ID		
Full Address   E-Mail Address:		
Chapter # Chapter Name Accommodation needed (example – sign language)		
Emergency Contact Name       Emergency Phone # w/Area Code       CHECK IF LEFT REGISTRATION FUNDS FROM 2020       □		
REGISTRATION INFORMATION         Status: (Check One) VFN Chapter Member       Guest       National Only Member       Image: Check One)         Registration Options: (Check One)         Early Bird Conference       Registration       Late fee after September 1, 2021       Image: Check One)         & Banquet postmarked       After August 1, 2021       Image: Check One)       Image: Check One)         by August 1, 2021       Image: Check One)       Image: Check One)       Image: Check One)       Image: Check One)		
\$60       Single       Conference & Conference       Banquet       Conference       Conference       Banquet         \$110       Couple       Banquet       Only       Only       Banquet       Only       Only         \$65       \$35       \$45       \$75       \$40       \$50         Banquet - Select one:       Grilled Pork Chop       Vegetarian       Herb Crusted Chicken w Brown Butter Sauce       Image: Conference of the sauce		
Special Diet Request or Limitations:		
Committee Meeting(s) check One		
Alzheimer's 🛛 Membership 📙 Public Relations 🗌 Nat 'l Legislation 🗍 State Legislation 🗍 Service 🗍		
Workshop Preference: (check One) - Will offer same workshops 2 days		
Social Media: Estate Planning: Financial Planning: Other: (please specify)		
Leadership Training for New Officers 🛛 Secretary 💭 Treasurer 💭 Parliamentary Procedures 💭		
How to chair an Effective Meeting 🛛 The Art of Downsizing 🖓 Photography 1001 💭 Intro to Zoom 💭		
AMS NARFE Data Base System		
For planning purposes, will you attend the Monday Night Reception?		
Form VFNC 21-1 Revised May 2021		



# VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES (VFN)

# 2021 VFN CONFERENCE DoubleTree by Hilton, 1021 Koger Center Blvd. Richmond, VA 23235 October 10-13, 2021

### AN INVITATION TO CHAPTER MEMBERS for 2021 VFN Conference as an Individual Supporter

As a VFN member, you are invited to display esprit de corps by having your name published among other Chapter contributors in the 2021 Conference Program Book. Contributions will be used to defray general Conference expenses that indirectly benefit our entire membership.

It is easy to contribute, and you do not have to attend the Conference to have your name published, as a Conference Supporter. Just follow the instructions below, complete the form, attach your check made payable to 2021 VFN Conference and give it to your chapter's designated Chapter Coordinator, or mail it directly to the address shown below. Contributions must be postmarked by September 1, 2021 to guarantee that your name will be included in the Conference Program Book.

-----(cut and send in lower portion)-----

### 2021 VFN CONFERENCE SUPPORTER

(To be listed by Chapter in Conference Program Book)

Print your name as you would like it to appear in the Conference Program Book. This form is to be used for only one Conference Supporter. Please duplicate as needed.

Conference Supporter's Nam	e:	CHECK IF F	UNDS LEFT IN VFN 2020 ACOUNT
Check applicable category:	Platinum (\$100.00)	_Gold (\$75.00)	Silver (\$50.00
Super Angel (\$25) Angel	(\$20) Cheerleade	r (\$15) Booste	er (\$10)Supporter \$5)
NARFE ID No:	Phone #	Chapter #	_ Chapter Name
Email Address:			

Attach check, made payable to 2021 VFN Conference, for total amount indicated. On the Memo Line, please write "VFN 21 Conference Supporter". (**Do not mail cash.**) Mail to Esther Nash, P.O. Box 3070, Stafford, VA 22555-3070, by September 1, 2021. Any questions, please call 540-720-7403 or e-mail, ladyone191@gmail.com.

Form VFNC 21-2, Revised May 2021



# VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES (VFN)

**2021 VFN CONFERENCE** 

**OCTOBER 10-13, 2021** 

DoubleTree by Hilton, 1021 Koger Center Blvd., Richmond, VA 23235

# 2021 MULTIPLE SUPPORTER LISTING

CHAPTER NAME: \_\_\_\_\_\_ AREA NO\_\_\_\_\_ CHAPTER NO: \_\_\_\_\_

CONTACT:

PHONE NUMBER:

### SUPPORTER LISTING NOTES

(*Please Read carefully*)

• Supporter listing forms must be mailed with the appropriate contribution amount or checked box to Esther Nash, P.O. Box 3070, Stafford, VA 22555-3070. Any questions, please call 540-720-7403 or e-mail, ladyone191@gmail.com.

- Contributions must be postmarked by <u>September 1, 2021</u> to guarantee publication in the Conference Program Book Check must be payable to 2021 VFN Conference and write "2021 VFN Conference Supporter" on the Memo line.
- The Supporter Contribution categories are: Platinum (\$100.00) Gold (\$75.00) Silver (\$50.00). Super Angel (\$25) Angel (\$20) Cheerleader (\$15) Booster (\$10) Supporter (\$5)

Contributor's Name	N A RFE ID	Contrib u tor	Contribution	Paid in 2020
(please print)	No.	Category	Amount	VFN Account

Contributor's Name	NARFEID No.	Contributor Category	Contribution Amount
	TOTAL CO	NTRIBUTION =	

### 2021 VFN CONFERENCE FACILITY REQUIREMENT LIST

NAME, COMMITTEE, SPEAKER & CELL NUMBER	Item/description/How Many	Table Quanity & Size	Chairs & Quanity	Oulets	Microphone	Projector & Screen
				<u> </u>		



# VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES (VFN)

### 2021 VFN CONFERENCE DoubleTree by Hilton, 1021 Koger Center Blvd. Richmond, VA 23235

### October 10 – 13, 2021

To: Company:

The VFN will hold its 65th Conference in Richmond, Virginia on October 10-13, 2021. The organization is nonpartisan and nonprofit dedicated to protecting and preserving the earned retirement benefits of federal civilian workers.

Membership eligibility includes current, former, and retired federal employees, spouses, and survivor annuitants. There are approximately 12,500 members, in the State of Virginia. Our members may be your potential clients or customers. We are interested in finances, health care, retirement planning, and other opportunities. Our members, many who are retired, are active in fishing, boating, travel, gardening, crafts, and many activities.

Exhibitors at the Conference have access to conference attendees from Sunday afternoon until Tuesday afternoon. Exhibitors also receive a discounted rate for placing an advertisement in our Conference Program Book. For more information about becoming an Exhibitor, rates, setup times and logistics, please contact, Ted Pasek, VFN Conference Exhibitor Chairperson, at 703-322-9322, tedpasek@verizon.net. A copy of the advertisement contract form (VFNC-21-5B) is attached.

**Retention of funds from 2020 cancelled conference**: If you elected to leave your payments, as an Exhibitor for the 2021 Conference with the VFN, all funds will be applied to the 2021 Conference contract package. Please indicate on the attached Exhibitors Form if your funds were retained.

In addition, based on the ramifications of the 2020 COVID19 Pandemic, as an additional incentive, we are publishing all ads in color, compliments of the VFN, at last year's black and white printing prices.

We warmly welcome your support for our 2021 VFN Conference. Thank you!



Virginia Federation of National Active and Retired Federal Employees (VFN)

2021 VFN CONFERENCE DoubleTree by Hilton, 1021 Koger Center Blvd. Richmond, VA 23235

October 10 - 13, 2021

Dear

On behalf of the Virginia Federation of NARFE (VFN) membership, we would like to thank you for being part of our VFN 2021 Conference. During our conference, there will be a reception on Monday, October 11, starting at 7:00 pm. The VFN Conference Banquet, will be Tuesday, October 12, at 6:00 pm.

We would like to extend an invitation for you to attend one or both events. The cost for the reception on Monday, October 11, is \$25.00 per person, and the cost for the Banquet on Tuesday, October 12, is \$45.00.

If you would like to join us, please return this letter, with your check made payable to 2021 VFN Conference, to John Bails, Data Base Chairperson at 5326 Sandy Point Lane, Clifton Va. 20124, no later than September 1, 2021. Please, identify yourself as an exhibitor on the memo line on your check, and make your dinner selection from the following:

 Grilled Salmon
 Grilled Pork Chops

 Vegetarian
 Herb Crusted Chicken w/Butter Sauce

 Special Diet Requests or Limitations

If you have any questions, please do not hesitate to contact John Bails at 571-220-2860 or <u>jbails@aol.com</u> or me, Robert Martin at bob<u>martin1124@gmail.com or 202-255-3320. We hope you will be able to join us.</u>

Once again, thank you for being a part of our conference, we look forward to seeing!

Sincerely,

Robertí Martín

VFN 1<sup>st</sup> Vice President (Acting) 2021 VFN Conference Coordinator



Virginia Federation of National Active and Retired Federal Employees (VFN)

# **2021 VFN CONFERENCE**

# DoubleTree by Hilton, 1021 Koger Center Blvd. Richmond, VA 23235 October 10 -13, 2021

## **EXHIBITOR CONTRACT FOR 2021 VFN CONFERENCE**

Please Print Clearly

Company or Patron Name: Date:	
Mailing Address:	
Contact Name: Contact Phone:	
Contact e-mail address:	
Exhibitors/Company Website:	
<b>EXHIBITOR SELECTION(s)</b> (Select your choice from the following)	
Corporate \$300.00Small Business \$150.00NARFE Member, Small Business \$75.00	
Please Check if funds were retained by VFN from 2020 Contract	
Additional Option with Table: Full Page Ad at \$50.00 Discount (\$190.00 less \$50.00 =\$140.00 for full page ad in Program Book)	
NOTES TO EXHIBITORS	
<ul> <li>Exhibitor tables are six feet long with chairs, as needed. You will also be provided with the Facilities Requirement Form, VFNC 21-4.</li> </ul>	
<ul> <li>Please attach the appropriate form to your check made payable to, 2021 VFN Conference and mai to: Ted Pasek, Exhibitor Chairperson, 6714 Colewood Estates Road, Clifton, VA 20124-1635. Confirmation of your exhibitor reservation will be sent upon receipt of payment.</li> </ul>	l it
<ul> <li>Exhibitor names will be included in the Conference Program Book, if the contract is signed by September 1, 2021.</li> </ul>	
• Table set up will be Sunday, Oct.10th after 2:00 pm. Exhibits will open Monday &Tuesday.	

VFNC 21-5B Revised May 2021



# VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES ASSOCIATION (VFN)

# 2021 VFN Conference October 10-13, 2021

# **VFN 2021 Conference Memorial Service & Book**

A Memorial Service recognizing our deceased members who passed in 2019 and 2020 will be held during the 2021 VFN Conference. Each Chapter President is requested to provide a list of all deceased chapter members. Please list names **as listed on the chapter membership printout** to your Area Vice President(s) and a copy to the VFN Chaplain, Marilyn Riddle at 2505 Goodrich Durfey,Williamsburg, VA 23185-8031 or <u>mriddle@cox.net.</u> All names received on or before **July 1, 2021** will be included in the VFN Conference Memorial Booklet.

You may continue listing on a second page, if necessary. For additional information please call Chaplain Riddle at 757-229-2177.

CHAPTER NAME & NU	MBER:			
	AREA:			
		NAME(s) of DEC	ASED	
Submitted by:			email:	
To AVP:			_ Chaplain:	
on			<u>.</u> .	

ADVERTISEMENT CONTRACT FO	VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES (VFN) 2021 VFN CONFERENCE Doubletree by Hilton, 1021 Koger Center Blvd. Richmond, VA 23235 October 10 -13, 2021
	Please Print Clearly
Member, Chapter or Organization Name	Date
Contact Name & NARFE ID Number	Chapter Name & Number
Contact e-mail	Contact phone
AD SIZES	<b>&amp; COST</b> (Select from the following)
□ Full Page … \$110 □ Half Page \$	$565$ Quarter Page $35$ $\sqrt{\text{vfn retained funds from 2020}}$
The pri	inted sizes are as follows:
<b>Full page</b> 7" horizontal X 10" vertion <b>Half page</b> 7" horizonal X 5" verti <b>Quarter page</b> 3" horizontal X 5 "verti	cal or 3 ½ horizonal X 10" vertical
	019 Pandemic, as an additional incentive, we are publishing all ads n of NARFE at last year's black and white printing prices.
Please double check a	nd submit the ad size you are paying for!
ADVER	RTISEMENT NOTES
<ul> <li>All æå• must be postmarked before Se</li> </ul>	eptember 1, 2021. Packages must include:
2)	advertisement contract paper copy of ad payment, payable to 2021 VFN Conference
<ul> <li>Please send complete items to: VFN Suffolk, VA 23434-9217, no later than</li> </ul>	N Advertising Chairperson, Ray Orland, 101 Ruger Circle, NSeptember 1, 2021.
	F copy of the advertisement to the Program Book Chairperson, Mary ore September 1, 2021. She can be reached at 540-273-3077.
Members that submit ads for commer	cial businesses must use Form VFNC-7B.
VFNC 21- 7A Revised May 2021	



## VIRGINIA FEDERATION OF NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES (VFN)

Date

Web Site

Contact Title

# FEDERAL BENEFITS EXPERTS 2021 VFN CONFERENCE

DoubleTree by Hilton 1021 Koger Center Blvd. Richmond, VA. 23235 October 10 – 13, 2021

Advertisement Contract for Commercial & Patron Ads for Program Bo
---

Print Clearly

Company or Patron Name

Mailing Address

Contact Name

### ADVERTISEMENT SIZES & COST (Select from the following)

□ Full Page<sup>\*</sup> …\$190. □ Half Page … \$ 100 □ Quarter Page … \$ 60 □ VFN RETAINED FUNDS FROM 2020

Based on the ramifications of the 2020 COVID Pandemic, as an incentive we are offering all ads published in color, compliments of the Virginia Federation of NARFE at last year's prices. The printed sizes are as follows:

\*Note: Advertisement(s) of \$190 are eligible to be posted on the VFN website until December 1, 2022. If interested, please select yes or no. YES\_\_\_\_NO\_\_\_\_

### SOLICITOR INFORMATION

Name\_

NARFE ID\_\_\_\_\_

Chapter Number\_\_\_\_\_

Email address\_\_\_\_\_

\_

### Telephone Number\_\_\_\_\_

### **ADVERTISEMENT NOTES**

All advertisements must be postmarked before September 1, 2021. Packages must include:
 1) advertisement contract 2) paper copy of ad 3) payment, payable to 2021 VFN Conference.

\_\_\_\_\_

- Please send complete items to: VFN Advertising Chair, Raymond Orland, 101 Ruger Court, Suffolk, VA 23434-9217 before September 1, 2021. He can be reached at 757-934-3403.
- Also, please send an electronic, PDF copy of the advertisement to the Program Book Chair: Mary Heck at Mary\_Heck@msn.com before September 1, 2021. She can be reached at 540-273-3077.
- Members that submit ads for commercial businesses must use Form VFNC 21-7B.

VFNC 21-7B Revised July 2021