



NARFE NEWS

ROANOKE VALLEY CHAPTER 111

2022 OFFICERS

President Frances Boatman (540) 774-3031 feboatman@live.com	1st Vice President Vacant	2nd Vice President Vacant	Secretary Ellie Long (540) 772-0468 lalaw1986@gmail.com	Treasurer Mark Fisher (540) 772-0984 mcfisher2@cox.net
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TELEPHONE NUMBER FOR OPM: 1-888-767-6738 (M-F, 7:40 a.m. – 5:00 p.m.)

Websites: NARFE: www.narfe.org Chapter 111: www.vanarfelegacy.org/111/111.htm
VFN: www.vanarfe.org **VFN FACEBOOK:** [Virginia Federation NARFE - Home | Facebook](https://www.facebook.com/VirginiaFederationNARFE)

PRESIDENT'S REPORT



Thank You Alta Conner, Wanda Ware, Carolyn Tucker, Karen Simmons, and

Ellie Long for the successful membership drive at the Vinton War Memorial Health Fair. We obtained information for 11 prospective members, and are happy to announce that Linda Craft won the year's free membership. A warm welcome to Linda Craft and also to new member Shannon Durham. A strong membership gives us a voice to be heard.

2022 Membership Drive continues through December 31 - Recruiters are awarded \$10 for each new member they recruit. Be sure you add your membership ID number to the new member application. (Your ID number is on your NARFE magazine mailing label.)

Election Day: November 8th - As we head to the polls, please know how our legislators have represented the active and retired federal employees. The NARFE Voting Scorecard in the October NARFE Magazine provides a state-by-state record of how our lawmakers voted on key House and Senate votes on NARFE-related legislation. Please take a look before you head to the polls on November 8th. Remember, your vote counts.

NARFE Webinars – Free to NARFE Members:

- November 17, 2022 at 2:00 p.m. "So Many Choices: Which FEHB Plans Work Best with Medicare A & B?"
- December 14, 2022 at 2 p.m. - "Estate Planning: Strategies for Feds"

2022 Federal Benefits Open Season begins November 7th and ends December 12th. We are fortunate to have Morgan Canterbury, Field Service Account Consultant with Anthem Blue Cross/Blue Shield with us today to provide an update on changes in 2023.

Election of Officers for 2023 will be held today. Thank you to the Nominating Committee – Del Dyer, Mark Fisher, and Wanda Ware. Installation of Officers will be at the Annual Meeting in December.

December 2nd Holiday Party - Holiday Inn Tanglewood. Deadline for reservations is November 15th. I look forward to seeing each of you there.

Happy Thanksgiving!

Frances Boatman
President



LEGISLATION

Federal

The House and Senate will both be in recess for the election next week. **The Social Security Fairness Act, H.R. 82/S. 1302**, is expected to come up for a full house vote and pass after the mid-term election.

Bill Ketron Legislation



Frances Boatman, Alta Conner, and Wanda Ware host the NARFE Chapter 111 booth at the October Anthem BC/BS Health Fair.



CHRISTMAS BUFFET LUNCHEON

**TANGLEWOOD HOLIDAY INN
DECEMBER 2, 2022 at 11:30 a.m.
\$20.00 PER PERSON**

Payment may be made:

-In person, by check, or cash, to Mark Fisher.

-By mail to:

NARFE Chapter 111

P.O. Box 12703

Roanoke, VA 24027-2703

Make check payable to: NARFE Chapter 111

**Payment must be received by
November 15th and include this coupon:**

Name (s): _____

Address: _____

Total Amount Enclosed: \$ _____

Catawba Hospital Gift List

Consider bringing a gift to the luncheon for donation to Catawba Hospital. **Do not wrap the gifts.** Gift Suggestions: Sweat Suits (S-3XL); Underwear / Bras (all sizes); T-Shirts (all sizes); Tennis Shoes/Socks (all sizes); Cardigan Sweaters; Coats; Gowns/Pajamas; Radios with batteries; Wristwatches; Body Lotion/Shower Gel; Large-Print Bibles; Playing Cards/Uno Cards; Board Games; Coloring/Word Search Books; Non-toxic Crayons and Markers; Writing Paper/Postage Stamps; Sugar-free Gum; Diet Soda in Plastic Bottles; Diabetic Candy; Donation Checks. They will be delivered following the meeting.



TREASURER'S REPORT

Account as of 31 October 2022

CHAPTER NUMBER 111

Roanoke Valley, Roanoke VA

Beginning Bank balance **\$4559.25**

Receipts

Dues collected \$119.20

Alzheimer's (YTD \$273.78) \$68.48

50/50 - \$34.00

Donations - \$34.48

Programs \$43.00

Basket

Total receipts \$231.28

Subtotal \$4790.53

Disbursements

Officer Expenses \$0

Office Expenses \$0

Program Expenses \$0

Alzheimer's \$68.48

Speaker's Lunch \$0

Newsletter \$85.29

Subtotal \$153.77

Total disbursements \$173.77

BANK BALANCE \$4636.76

Total Obligations \$0

Balance on hand for use \$4636.76

**Mark Fisher
Treasurer**

NOVEMBER 2022 MEETING MINUTES

NARFE Roanoke Valley Chapter 111, Area VII, met on Friday, November 4, 2022 at Jersey Lily's restaurant. Frances Boatman, President conducted the meeting. The meeting was called to order at 11:37 a.m. with 28 people in attendance including our guest speaker and two guests. A quorum was present to conduct chapter business.

November birthdays were recognized.

Wanda Ware discussed the history of Thanksgiving, thankfulness, and gratefulness and led us in the Pledge of Allegiance.

The Secretary's minutes for the October 2022 meeting were approved as published. Motion made by Frances Boatman, approved by acclamation.

Mark Fisher gave the Treasurer's report. He has copies of the brochure about getting your affairs in order.

Frances gave the Membership report (we have 166 members).

Frances gave the President's Report.

Bill Ketron gave the Legislation report.

Unfinished business: Del Dyer reported for the Nominating Committee. The slate of officers for 2022 will be:

President, Frances Boatman
1st Vice President, Carolyn Tucker
2nd Vice President, Karen Simmons
Secretary, Ellie Long
Treasurer, Mark Fisher

Del made a motion to accept the slate of officers, Karen Willis seconded.

Frances conducted the election of officers, first taking nominations from the floor three times for each office. No one was nominated from the floor. Del made a motion to accept the nominated officers, Joanne Hawley seconded.

New business: We voted by acclamation to hold the Christmas Party and Annual Meeting at the Tanglewood Holiday Inn. Gifts for Catawba Hospital are welcome.

We voted to continue having the gift basket raffle. Del made the motion, Carolyn Tucker seconded. Frances passed around a sign-up sheet for 2023.

Morgan Canterbury from Anthem Blue Cross/Blue Shield was our guest speaker.

She reviewed information in the brochure [2023 Medicare and Blue](#).

Basic and Standard Options had rate increases. Blue Focus did not, but doesn't cover some prescriptions.

Pharmacy benefits are on Page 4. Be sure and check out the cost of co-pays in each Tier under each option.

Pages 7 and 8 have details on incentive programs such as the Blue Health assessment, online health coach, and additional wellness programs. Basic Option still has the \$800 reimbursement payment for Part B Medicare.

[Dental](#) coverage rates went down and there is no change in benefits. [Vision](#) coverage rates went down and refraction is now covered up to \$39. For dental and vision coverage, you can cancel your enrollment each year and/or switch carriers each year.

Ignore Medicare Advantage solicitations.

The 50/50 (Alzheimer's Fund) drawing was won by Garnet Hypes. The gift basket drawing was won by Wanda Ware.

The meeting was adjourned at 1:24 p.m.

Ellie Long
Secretary



DECEMBER BIRTHDAYS

5 Karen Simmons	22 Evelyn Spurlock
7 Martha Barnas	23 Nancy Griggs
12 Carolyn Tucker	26 Sam Stevens
13 Donie Mann	30 Susan Dugrenier



**NATIONAL ACTIVE AND RETIRED
FEDERAL EMPLOYEES
ROANOKE VALLEY CHAPTER 111
P O BOX 12703
ROANOKE VA 24027-2703**

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CHANGE SERVICE REQUESTED

COMMITTEE CHAIRPERSONS

Alzheimer's (Acting)	Elaine Drewry
Chaplain	Wanda Ware
Historian	Ellie Long
Internet Coordinator	Ellie Long
Legislative	Bill Ketron
Membership	vacant
Newsletter Editor	Ellie Long
Outreach	Bud Rawlins
Programs	vacant
Public Relations Officer	vacant
Sergeant at Arms	Alta Conner
Service Officers	Del Dyer (540) 239-2450 (C) Mark Fisher (540) 772-0984

NEXT NARFE MEETING

Friday, December 2, 2022

**TANGLEWOOD
HOLIDAY INN
4468 Starkey Road,
Roanoke, VA 24018**

Gathering at 11:15 a.m.

Meeting at 11:30 a.m.



**Annual Chapter Meeting
and
Christmas Luncheon**

RESERVATIONS ONLY